

## Abraham, Jabez

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**From:** Loudon, Kaitlin  
**Sent:** March 15, 2024 9:38 AM  
**To:** Loudon, Kaitlin; Bourke, Shannon; Abraham, Jabez  
**Subject:** Regional Cancer Program Updates - March 2024 Communique  
**Attachments:** ColonCancerCheckProviderRegistrationPatientAttachment.pdf; Colorectal Cancer Screening (2).pdf; Colorectal Cancer Screening (3).pdf



## Cancer Screening and Prevention Program Updates for Primary Care Providers

March 2024

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## Health System Innovation:

- **Prevention Coaching coming soon!** As the Regional Cancer Program prepares to launch the Prevention Coach program, we would like to collect an inventory of existing resources within the region. If you are aware of any positions that specifically support chronic disease prevention coaching, focusing on cancer, diabetes, cardiovascular disease and their associated lifestyle factors, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca) for inclusion on our website.

## Colorectal Cancer Awareness Month Highlights:

- **Coming Soon!** A list of available practicing colonoscopy providers in the Central East Region, highlighting hospital vs OHP.
- **When to refer to an Out-of-Hospital Premises (OHP) vs Hospital**
  - Exclusionary Criteria for OHP:

- BMI greater than 40
- asthma or COPD with admission to hospital in the last 12 months
- any diagnosis of congestive heart failure, ever
- any chest pain currently using nitroglycerin
- concerns with unaided ambulation, dressing, stretcher transfer
- renal dialysis

- Centralized FIT+ Referral forms can be found on our website:

<b>General Resources for Primary Care Providers:</b>	<b><u>Colorectal Screening Resources for Healthcare Providers</u></b>
<b>Ontario Breast Screening Program (OBSP):</b>	<b><u>Colorectal Cancer Pathway Map</u></b>
<b>Ontario Cervical Screening Program (OCSP):</b>	<b><u>ColonCancerCheck Program</u></b>
<b>Colon Cancer Check Program (CCC):</b>	<b><u>Diagnostic Assessment Program Referral Forms</u></b>
<b>Ontario Lung Screening Program (OLSP):</b>	<b><u>Colorectal Screening - EMR Template</u></b>
<b>Smoking Cessation Resources for Healthcare Providers:</b>	<b><u>FIT+ Centralized Referral Forms</u></b>
<b>Cancer Pathway Maps for Best Practice Management Based on Cancer Type:</b>	<b>Scarborough</b>
	<ul style="list-style-type: none"> <li>• <b><u>Ocean</u></b></li> <li>• <b><u>Referral Form (PDF)</u></b></li> </ul>
	<b>Lakeridge Health</b>
	<ul style="list-style-type: none"> <li>• <b><u>Ocean</u></b></li> </ul>
	<b>CCC Tools and Forms</b>
	<ul style="list-style-type: none"> <li>• <b><u>Fecal Immunochemical Test (FIT) Requisition Form</u></b></li> <li>• <b><u>Fecal Immunochemical Test (FIT) Requisition Instructions</u></b></li> <li>• <b><u>Physician Registration for Patient Attachment</u></b></li> <li>• <b><u>Toolkit for Ontario Endoscopists</u></b></li> <li>• <b><u>Gastrointestinal Endoscopy Data Submission Portal</u></b></li> </ul>

- Two Colorectal Cancer Awareness Month posters have been attached. Please feel free to display these in waiting rooms or on social media. If you require a different format, please email us: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

**Over 1.8 million eligible Ontarians are **OVERDUE** for colorectal cancer screening.**

**What are you waiting for?**


- Colorectal cancer screening is an easy at-home test that takes less than 3 minutes.
- Cancer screening is for people who have no symptoms. It can find cancer when it is small and easier to treat.
- 9 out of 10 people can be cured when colorectal cancer is found early.

<https://cercp.ca/colorectal-screening/>

Central East Regional Cancer Program  
Ontario Health (Cancer Care Ontario)

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**March is Colorectal Cancer Awareness Month**



**Fecal Immunochemical Test (FIT)**

**If you do not have a family history\*, colorectal cancer screening:**

- Starts at 50 years of age.
- Should be completed every 2 years.
- Is done with a simple at-home stool (poop) test called 'FIT'.
- Takes less than 3 minutes to complete.
- Is free if you have OHIP.
- Finds cancer early enough to be cured 9 out of 10 times.
- Can be done even if you do not have a primary care provider by calling 811.

[www.cercp.ca/colorectal-screening/](http://www.cercp.ca/colorectal-screening/)

\*Talk to your primary care provider if you have a parent, sibling, or child who had colorectal cancer. You may need to start screening with a colonoscopy before age 50.

Central East Regional Cancer Program  
Ontario Health (Cancer Care Ontario)

- **ColonCancerCheck (CCC) Attachments:** The Ontario Health (Cancer Care Ontario) maintains a list of primary care providers (PCPs) who have signed up to take on unattached patients requiring follow-up after an abnormal fecal immunochemical test (FIT) result, or unattached patients who are at an increased risk of colorectal cancer requiring a screening colonoscopy. Both primary care physicians and nurse practitioners can support the attachment process. PCPs who are interested in attaching new patients to their primary care practice are asked to sign and return the [attached form](#) to Ontario Health (Cancer Care Ontario). Patient Enrollment Model (PEM) physicians who accept a new patient referred from Cancer Care Ontario to their practice, can claim the Q043A New Patient Fee Abnormal/Increased Risk Colorectal Cancer (CRC). The fee that can be claimed is \$150 to \$230 depending on the age of the patient. For more information about OHIP billing codes, please refer to the Ministry of Health.
- **FIT+ patients in Urgent Care:** Average Risk patients, without a Primary Care Provider (unattached), can call Health Connect Ontario at 811 to request that a FIT kit be mailed to their home. After completing the test, if a patient receives an abnormal FIT result, the appropriate follow-up is to receive a colonoscopy, which requires a referring physician.

As these patients are without a Primary Care Provider and received the FIT kit without an ordering physician, they often seek referral support at an Urgent Care or Walk-In Clinic.

If a patient visits urgent care or a walk-in clinic with this request, it would be very helpful to the patient if the urgent care provider is able to support this request.

Many providers are hesitant because they believe the responsibility for the referral is that of the ordering physician of the FIT, but for these unattached patients, Health Connect Ontario was the point of entry.

If you are a Primary Care Provider and interested in enrolling patients with abnormal FIT results, please submit the following form:

<https://www.cancercareontario.ca/sites/ccocancercare/files/assets/ColonCancerCheckProviderRegistrationPatientAttachment.pdf>.

Fee code Q043A New Patient Fee (\$150) can be claimed for accepting patients from this list.

- **Colorectal cancer screening for uninsured patients:** Colorectal cancer screening is important for everyone. We understand that there can be challenges for those that may not have a valid OHIP card. Please note that uninsured individuals (not eligible for ColonCancerCheck) can receive FIT testing through Dynacare for \$59.00. For more information, please visit: <https://www.dynacare.ca/specialpages/secondarynav/find-a-test/nat/fecal%2%A0occult%2%A0blood%2%A0immunochemical%2%A0test.aspx?sr=ONT&st=>

## Cancer Care Ontario Updates/Resources:

- **HPV Self Testing Guidelines** - Self-collected human papillomavirus (HPV) testing is available in Ontario, however it is not currently insured by the Ontario Health Insurance Program (OHIP) or recommended by the Ontario Cervical Screening Program. For more information on self-testing follow-up guidelines for PCPs click here: [Follow-Up of Self-Collected HPV Testing](#)
- Ontario Health is pleased to announce that the [2023 Ontario Cancer Screening Performance Report](#) is now available. This report presents performance data for the province's breast, cervical, colorectal and lung screening programs with a **special focus on equity in cancer screening**. We encourage you to use the findings in this report to support quality improvement efforts in your practice.
- Cancer Screening Awareness Materials **Available in Three New Languages**- The cancer screening awareness materials (i.e., posters, postcards, and fact sheets) on the Cancer Screening Resources Hub are now available in three other languages – Slovak, Dari and Pashto. Resources can be found: <https://www.cancercareontario.ca/fr/node/53836>
  - The Central East Regional Cancer Program also has resources available in several languages and our website can be translated into almost any preferred language as well. Visit <https://cercp.ca/community-resources/>

## Education Opportunities (Webinars/Workshops/Event Recordings) &

- On February 16, the Digital Health Team at Ontario Health East presented a webinar: **Benefits of Ocean e Referrals for Primary Care**. This webinar recording has been posted: <https://youtu.be/NfFw3d8-8wQ>
- **2024 HPV and Pap Test Competency Workshops:**

- Workshops are facilitated by Dr. Nathan Roth, Central East Regional Cervical Screening and Colposcopy Lead
- Workshops are intended for physicians, nurse practitioners, nurses (both RN and RPN), midwives

Date	Additional Information
Friday, April 26, 2024  8:00am-2:00pm	Location: 920 Champlain Court, Whitby  <b>*** Updated Cost:</b> This session is being offered free of charge to those practicing in the Central East Region courtesy of corporate sponsorship.  If interested in attending, please complete the following form: <a href="https://cercp.ca/upcoming-events/">https://cercp.ca/upcoming-events/</a>

## Print/Promotional Materials:

\*Provided Free of Charge







- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/0GGFL7FNp3>
- All copies are also available in electronic format for waiting room screens, etc. Downloadable versions are available on <https://cercp.ca/healthcare-provider-resources/#health-promotion>.

## Data / Reports:

- Data information is also now available on our website: <https://cercp.ca/healthcare-provider-resources/#Data>
- If you would like support to improve your cancer screening rates among your patients, please reach out to our team: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

- \*Data as of February 2024

Screening Program	Indicator	Target	Previous Performance		Current Performance

ColonCancerCheck	Participation Rate	>75%	60.4%		60.2%
	Abnormal Test with no follow-up within 6 months	<18%	10.7%		8.9%
	Wait Time between abnormal FIT and referral for colonoscopy	N/A	59 days		53 days
Ontario Breast Cancer Screening	Participation Rate	70%	60.7%		60.9%
Ontario Cervical Cancer Screening	Participation Rate	85%	53.0%		54.0%
	High grade test no follow-up within 6 months	<10%	15.0%		15.1%

## Central East RCP: Dashboard

All data are current as of December 31, 2023

Regional Statistics			
Enrolled / Eligible Patient Population:	Regional Cancer Program (RCP)		Ontario
	Breast Screening	205,984	1,886,637
Cervical Screening	377,179	3,587,911	
Colorectal Screening	408,732	3,751,536	
	Ontario Rate:	RCP Rate:	Percentage Point Change in Previous 12 Months (RCP)
PEM Physicians (Breast Screening Rate):	63%	63%	0.52
PEM Physicians (Cervical Screening Rate):	62%	60%	5.72
PEM Physicians (Up-to-Date with Colorectal Tests):	68%	66%	0.29

**Additional:**

- **REMINDER:** The Central East Regional Cancer Program Screening & Prevention Team's **website is now live:**  
<https://cercp.ca/>

Website highlights include:

- o Information on cancer screening & prevention
- o Mammography site wait times and option of online self-referral
- o Cervical screening (pap) locations
- o Information for people without a Primary Care Provider
- o Printable/downloadable handouts
- o Patient story video testimonials
- o Resources for healthcare providers
- o Upcoming presentation dates and locations
- o Previous issues of the Regional Cancer Program Updates communique
- o And so much more!



- To subscribe or unsubscribe from this mailing list, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

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