

## Abraham, Jabez

---

**From:** Loudon, Kaitlin  
**Sent:** January 10, 2024 3:28 PM  
**To:** Loudon, Kaitlin; Bourke, Shannon; Slevin, Cathy; Abraham, Jabez  
**Subject:** Regional Cancer Program Updates - January 2024  
**Attachments:** MedicalDirective\_Cervical Screening\_FINAL.docx; Pap Delegation Intro.pdf; HPV vaccine.png; G9 Checklist-Factsheet - English (3).pdf; Gardasil9\_Patient Guide Promo Card - English\_March 2023.pdf; Patient Self-Assessment Tool\_August2022\_English (1).pdf; SOGC-HPVBrochure-EN-f-web-1.pdf; Scarb Pap Clinic Referral.pdf; CCAM.png; PSQI\_2023\_Report\_English.pdf; Healthy Eating.pdf



## Cancer Screening and Prevention Program Updates for Primary Care Providers

January 2024

### In This Issue (use the hyperlinks below to take you to the specific section):

- [Health System Innovation:](#)
- [Cervical Cancer Awareness Month Highlights:](#)
- [Cancer Care Ontario Updates/Resources:](#)
- [Education Opportunities \(Webinars/Workshops/Event Recordings\):](#)
- [Health Promotion Campaigns & Outreach:](#)
- [Print/Promotional Materials/Community Engagement:](#)
- [Data:](#)
- [Additional:](#)

## Health System Innovation:

- The Central East Regional Cancer Program will be hosting a **Primary Care Provider Cancer Screening Focus Group**. The intent of the focus group is to identify current challenges and/or barriers that exist for primary care providers with respect to cancer screening (breast, colorectal, cervical, and lung) and opportunities for improvement (short- and long-term). The information gathered in this session will help guide our action plan/quality improvement initiatives for FY 2024/25.  
This focus group is open to primary care providers from across the Central East Region and will be co-facilitated by the Central East Regional Cancer Program and Dr. Rebecca Wray, Regional Primary Care and Cancer Screening Lead.

If interested in participating, please email: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca) or [kloudon@lh.ca](mailto:kloudon@lh.ca)  
In your response, please include your availability to attend the following options:

Date	Time
Friday January 26	8:00am-9:00am

	12:30pm – 1:30pm
Friday February 2	8:00am-9:00am
	12:30pm – 1:30pm
Friday February 9	8:00am-9:00am
	12:30pm – 1:30pm

The date/time selected will be based on the highest number of available participants. For those that are interested in participating but unavailable for the selected date, we can arrange an alternate time to meet and discuss your concerns.

## Cervical Cancer Awareness Month Highlights:

- **January is Cervical Cancer Awareness Month. Cervical Cancer is almost 100% preventable with screening and early treatment.**



### Meet Dr. Nathan Roth – Regional

**Colposcopy/Cervical Screening Lead:** Dr. Roth is an Assistant Professor in the Department of Obstetrics and Gynecology at the University of Toronto and has a background in law, having completed a Masters of Law at Osgoode Hall. He holds a Black Belt in Lean Six Sigma from McGill University and has been on Faculty at New York University-Lagone and Bellevue Hospitals.

He brings a wealth of experience and process-driven results to his roles, having previously served as the Medical Director of Obstetrics and Gynecology at Scarborough Hospital. Dr. Roth played an important role as a Medical Advisor for the College of Physicians and Surgeons of Ontario, where he served as a reviewer, coach, mediator and Medical Lead in the development of the Quality Assurance Program.

In addition to his local contributions, Dr. Roth is currently the Regional Colposcopy and Cervical Screening Lead for the Central East Regional Cancer Program and serves as the Chair of a Section of the American College of Obstetrics and Gynecology, reflecting his dedication to women's health.

- In 2023, 52 nurses, NPs, midwives, and MDs attended one of Dr. Roth's HPV and Pap Competency Workshops. These workshops have been an important way to build capacity for cervical screening in our region, and we are happy to announce that we will be continuing with these workshops in 2024!

Dr. Roth will be facilitating the first interactive HPV and Pap Competency Workshop on April 26, 2024. For course details, please visit the Education Opportunities section, and complete this form to register: [Events from April 26 – April 26 – The Central East Regional Cancer Program \(cercp.ca\)](https://cercp.ca)

- **Reminder:** The attached **Cervical Screening Medical Directive Template** can be used by Primary Care Providers. There is no requirement or obligation to use this template, rather it is being shared with you as a tool to help improve your cervical screening rates through delegation to other providers on your team (i.e., RNs, RPNs, Midwives, etc.). The document is being released in Word format so you may tailor to suit your needs.
- **Definition of Immunocompromised with respect to cervical screening:**  
People who are immunocompromised who are or ever have been sexually active and fall into one of the following groups should continue to be screened starting at age 21:
  - People who are living with human immunodeficiency virus (HIV)/acquired immunodeficiency syndrome (AIDS), regardless of viral load
  - Transplant recipients (solid organ or allogeneic stem cell transplants)
  - People requiring treatment (either continuously or at frequent intervals) with medications that cause immune suppression for three years or more
  - People who are living with systemic lupus erythematosus (SLE), regardless of whether they are receiving immunosuppressant treatment
  - People with congenital (primary) immunodeficiency
  - People who are living with renal failure and require dialysis
- The below poster is available for download: <https://cercp.ca/community-resources/> and attached. If a different format is required for display, please email us with the requested format.



- **HPV causes nearly all cases of cervical cancer.** Resources (attached) and links on HPV and Garasil9 can be found below:

- [Canada vs HPV](#)
- [HPVinfo.ca](#)
- [Home Page - Gardasil9](#)

If interested in receiving any hardcopies of the items attached, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca) with which items you would like and the best address for a Gardasil9 representative to mail out the package.

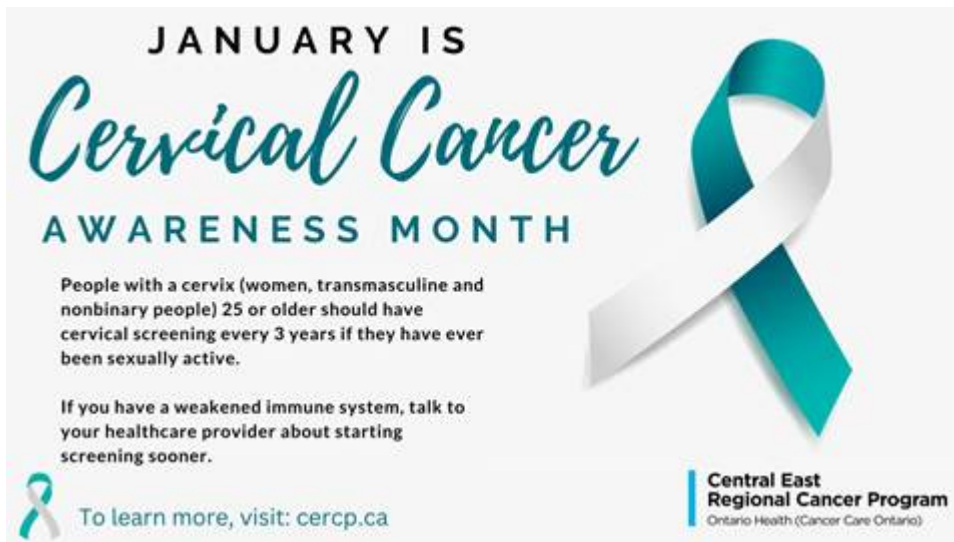


# GARDASIL<sup>®</sup> 9

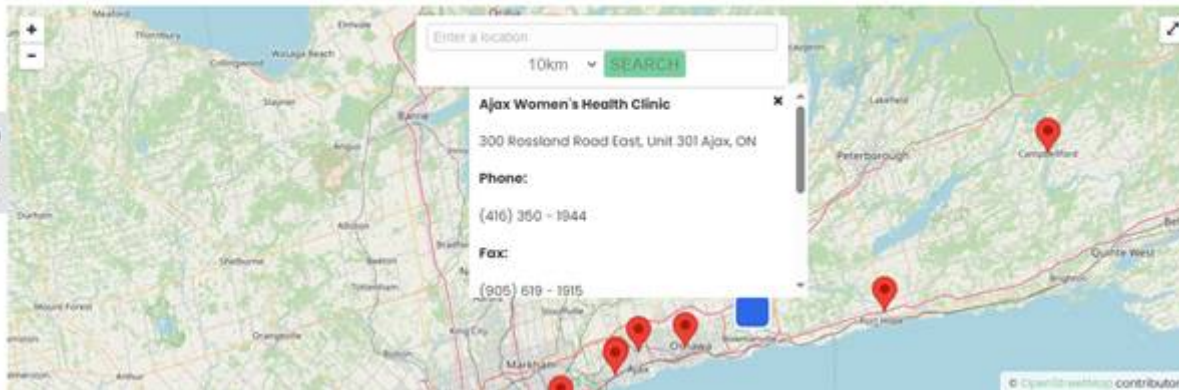
## Human Papillomavirus

### 9-valent Vaccine, Recombinant

- A Cervical Cancer screensavers has been developed (attached). Please feel free to share and to utilize this resource throughout your organization and/or social media posts.



- **Local Pap Clinics:** The CE RCP website has added a map to highlight local pap clinic locations: <https://cercp.ca/cervical-screening/>. If you know of any other locations that support cervical screening, please let us know so we can add them to the map



Area	Pap Clinic			
Scarborough	Scarborough Pap Clinic 3000 Lawrence Ave East			

	Scarborough 416-431-8224 *Referral form attached			
<b>Durham</b>	Ajax Women's Health Clinic 300 Rossland Road East, Unit 301 Ajax, ON 416-350-1944	Durham Community Health Centre Black Health & Wellness Clinic Tuesday 12:00- 7:00pm 17-1450 Kingston Road Pickering, ON 905-420-0333	Durham Sexual Health Clinic – 25 years old and over with no OHIP:  Oshawa Sexual Health Clinic Oshawa Centre 419 King St. W., Office Galleria, Suite 180 Oshawa, ON L1J 2K5 Phone: 905-433-8901 or 1-800-314-8533  Pickering Sexual Health Clinic Pickering Town Centre 1355 Kingston Road, Unit 14A, Lower Level Pickering, ON L1V 1B8 Phone: 905-420-8781	
<b>Campbellford</b>	HKPR District Health Unit Sexual Health Clinic Campbellford Community Resource Centre 65 Bridge Street East, Campbellford			
<b>Northumberland</b>	HKPR District Health Unit Sexual Health Clinic 200 Rose Glen Road Port Hope, ON			
<b>Haliburton</b>	HKPR District Health Unit Sexual Health Clinic Haliburton Highlands Family Health Team 7217 Gelert Road, Haliburton			
<b>Lindsay</b>	Women's Health Clinic for Non-Urgent Care Ross Memorial Hospital Self-Referral Form to book appointment: <a href="http://rmh.org/womenshealthclinic">rmh.org/womenshealthclinic</a>	Monarch Midwives in Corner Stone Wellness Centre January 19, 2024 2 Cameron St E Cannington, ON 705-324-4664	Midwives of Lindsay and the Lakes January 30 and March 12, 2024 41 Russell St W. Lindsay, ON 705-324-4664	HKPR District Health Unit Sexual Health Clinic 108 Angeline Street South, Lindsay
<b>Peterborough</b>	*Limited capacity*			

	Peterborough Regional Health Centre Women's Healthcare Centre 1 Hospital Dr Peterborough, ON 705-743-3111			
--	--	--	--	--

## Cancer Care Ontario Updates/Resources:

- Ontario Health is seeking expressions of interest for the positions of **Regional Palliative Care Clinical Co-Lead roles (Physician and Regulated Healthcare Professional)**  
[Clinician Engagement Opportunities | Ontario Health](#)  
Applications for this position are being accepted until **January 22, 2024**. Interested individuals should forward their expression of interest and curriculum vitae electronically to Rachel DuCharme ([rachel.ducharme@ontariohealth.ca](mailto:rachel.ducharme@ontariohealth.ca))

## Education Opportunities (Webinars/Workshops/Event Recordings) & Journal

- The Central East Regional Cancer Program is hosting the below webinar:

### **Benefits of Ocean e-Referrals for Primary Care.**

#### **What is Ocean?**

Ocean connects primary and speciality care across Canada. With its single, secure platform, Ocean makes it easy to send or receive e-referrals. The Ocean Provider Network makes it easy to find healthcare services, send and receive eRequests, and track the status of Requests, without leaving the Health Information System. With eReferrals, you can eliminate paper and faxes, while reducing errors and rejected requests to help provide better access to care for your patients.

Join the webinar the find out more benefits for Primary Care!

- February 16, 2024; 12:00-1:00pm
- The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.
- To register, email: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca).



# Benefits of Ocean e-Referrals for Primary Care

Presented by: Wilhelmina Hoekstra, Digital Health Team, Ontario Health East

**VIRTUAL SESSION:  
FEBRUARY 16, 2024  
12:00PM-1:00PM  
CME CREDITS PROVIDED**

**To register, email: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)**

**Learning Objectives:**

- Discuss/demonstrate the key features of Ocean
- Highlight the benefits to Primary Care (including decreasing the administrative burden, improving patient navigation, and expediting care)
- Highlight the benefits to system integration and improved navigation



The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Session 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada.

**Central East Regional Cancer Program**  
Ontario Health (Cancer Care Ontario)

- **2024 HPV and Pap Test Competency Workshops:**

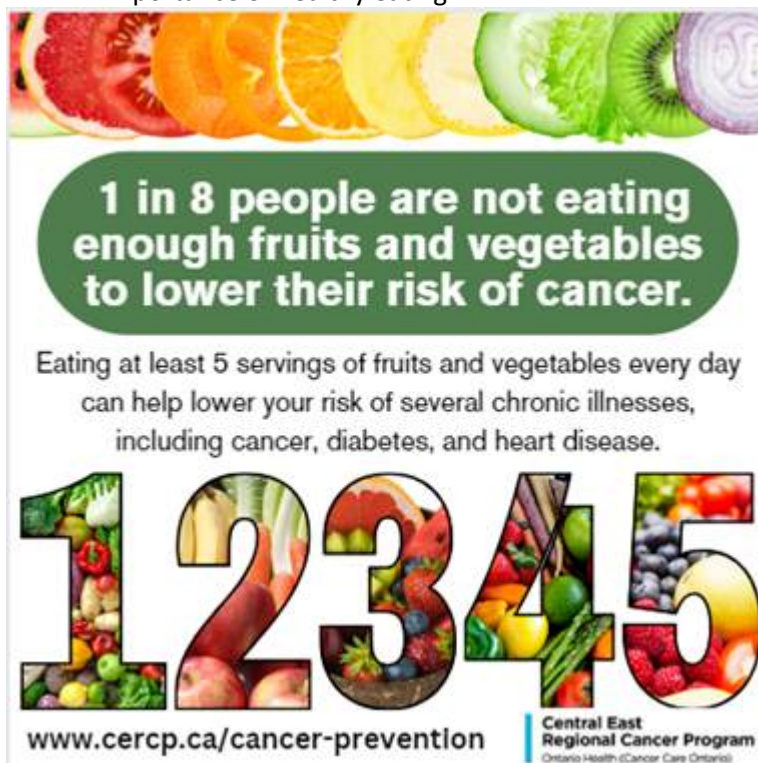
- Workshops are facilitated by Dr. Nathan Roth, Central East Regional Cervical Screening and Colposcopy Lead
- Workshops are intended for physicians, nurse practitioners, nurses (both RN and RPN), midwives

Date	Additional Information
Friday, April 26, 2024  8:00am-2:00pm	Location: 920 Champlain Court, Whitby  Cost: \$100pp  If interested in attending, please complete the following form: <a href="https://cercp.ca/upcoming-events/">https://cercp.ca/upcoming-events/</a>



## Health Promotion Campaigns & Outreach:

- In this new section of the Communique, we will highlight our current and planned outreach and health promotion campaigns. Please email us if you have suggestions for partnership opportunities that you would like us to explore: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)
- Chronic disease prevention has never been more critical to improving the quality of life of Ontarians and building a sustainable healthcare system. The **Prevention System Quality Index 2023** (attached) highlights areas for improvement.
  - Looking for guidance about food and healthy eating for your patients? Residents of Ontario can connect with a Registered Dietitian to access free nutrition information and advice by calling 811. To learn more, visit: <https://health811.ontario.ca/static/guest/related-articles/hcns-nutrition-program>
  - In January, three different social media ads (attached) will be shared to bring attention to the importance of healthy eating.



## Print/Promotional Materials:

### \*Provided Free of Charge

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/OGGFL7FNp3>
- All copies are also available in electronic format for waiting room screens, etc. Downloadable versions are available on <https://cercp.ca/healthcare-provider-resources/#health-promotion>.
- If interested in receiving any hardcopies of the HPV and Gardasil9 items attached, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca) with which items you would like and the best address for a Gardasil9 representative to mail out the package.

## Data:

- Next scheduled update: February 2024

## Additional:

- **REMINDER:** The Central East Regional Cancer Program Screening & Prevention Team's **website is now live:** <https://cercp.ca/>  
Website highlights include:
  - Information on cancer screening & prevention
  - Mammography site wait times and option of online self-referral
  - Cervical screening (pap) locations
  - Information for people without a Primary Care Provider
  - Printable/downloadable handouts
  - Patient story video testimonials
  - Resources for healthcare providers
  - Upcoming presentation dates and locations
  - Previous issues of the Regional Cancer Program Updates communique
  - And so much more!



To subscribe or unsubscribe from this mailing list, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

**Kaitlin Loudon (she/her), MHS**

Primary Care Engagement Lead, Central East Regional Cancer Program  
Cancer Screening & Prevention

T. 905.576.8711 ext.32373

[kloudon@lh.ca](mailto:kloudon@lh.ca)

 [Prevention and Screening](#)  [facebook.com](#)  [instagram.com](#)



One System. Best Health.

---

Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender by reply e-mail and destroy all copies of the original message.