Abraham, Jabez

From:	Loudon, Kaitlin
Sent:	December 19, 2023 11:41 AM
То:	Loudon, Kaitlin; Bourke, Shannon; Slevin, Cathy; Abraham, Jabez
Subject:	Regional Cancer Program Updates - December 2023
Attachments:	Cancer Screening Stop Age Messaging.pdf; Alcohol awareness campaign.zip



Cancer Screening and Prevention Program Updates for Primary Care Providers

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December 2023

In This Issue (use the hyperlinks below to take you to the specific section):

- Cancer Care Ontario Updates/Resources:
- Print/Promotional Materials/Community Engagement:
- Education Opportunities (Webinars/Workshops/Event Recordings):
- Health Promotion Campaigns & Outreach:
- Data:
- Additional:

Cancer Care Ontario Updates/Resources:

• NEW: **Reducing FIT Device Rejections.** As of December, LifeLabs will accept all FIT tests that are received within 12 months from the date of mailing to patients. Previously, FITs were rejected by the lab if received greater than 6 months of mailing.

This change will help to reduce:

- FIT device rejections;
- The number of participants requiring re-testing;
- The risk of missed or delayed cancer detection for participants who do not re-test;
- The added burden on PCPs to re-requisition; and
- System cost associated with wasted FIT kits

Providers should continue to encourage their patients to complete the FIT as soon as possible. The longer a patient delays completion of the FIT kits, the greater the risk of exceeding the shelf life of the FIT device.

- **Upper Age Limit of Cancer Screening:** Messaging around what age and what factors to consider when discontinuing cancer screening has been provided by Ontario Health and can be found attached.
- Ontario Health is seeking expressions of interest for the positions of Clinical Lead for the Ontario Breast Screening Program and Clinical Lead for the Smoking Cessation Program. These Clinical Lead positions provide strategic leadership to drive quality, accountability, and innovation in the cancer system.

- Clinical Lead, OBSP- <u>https://www.ontariohealth.ca/sites/ontariohealth/files/EOI-OBSP-Clinical-Lead.pdf</u>
- Clinical Lead, Smoking Cessation- <u>https://www.ontariohealth.ca/sites/ontariohealth/files/EOI-Smoking-Cessation-Clinical-Lead.pdf</u>

Applications for this position are being accepted until **December 29th, 2023.** Interested individuals should forward their expression of interest and curriculum vitae electronically to Stefania Tersigni at <u>Stefania.tersigni@ontariohealth.ca</u>.

 Ontario Health is seeking expressions of interest for the position of Scientific Lead, Ontario Lung Screening Program (OLSP). The Scientific Lead position provides strategic leadership to drive quality, accountability, and innovation in the cancer system.

By guiding the development of evidence to inform the OLSP as well as ensuring methodologically sound program evaluations and performance management, the Scientific Lead plays an important role in ensuring Ontarians

have access to high quality lung cancer screening and follow-up care.

Scientific Lead, OLSP: <u>https://www.ontariohealth.ca/sites/ontariohealth/files/EOI-Ontario-Lung-Screening-Program-Scientific-Lead.pdf</u>

Applications for this position are being accepted until **January 5th, 2024.** Interested individuals should forward their expression of interest and curriculum vitae electronically to Stefania Tersigni at <u>Stefania.tersigni@ontariohealth.ca</u>.

Print/Promotional Materials:

*Provided Free of Charge

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <u>https://forms.office.com/r/0GGFL7FNp3</u>
- All copies are also available in electronic format for waiting room screens, etc. Downloadable versions are available on https://cercp.ca/healthcare-provider-resources/#health-promotion.

Education Opportunities (Webinars/Workshops/Event Recordings) & Journal Articles:

- Accreditation for the Smoking Cessation and Cancer: For Health Care Providers continuing professional development module has been approved as of November 27, 2023.
 Available in English and French, this online and self-learning module is free of cost to complete and can be found: <u>here</u>. This module has been certified by the College of Family Physicians of Canada and the Ontario Chapter for 1 Mainpro+ self-learning credit.
- Lung cancer mortality rates decrease, cervical cancer diagnoses rise, annual health report finds. For the full article: https://www.theglobeandmail.com/canada/article-lung-cancer-mortality-rates/

Health Promotion Campaigns & Outreach:

• In this new section of the Communique, we will highlight our current and planned outreach and health promotion campaigns. Please email us if you have suggestions for partnership opportunities that you would like us to explore: <u>centraleast.csp@lh.ca</u>

• Alcohol Awareness Campaign:

- November to early January, alcohol awareness information will be shared across social media platforms (Facebook and Instagram) to residents in Ontario.
- A short publication has been circulated *Metroland Today:* Durham cancer doctor says consider how much you drink this holiday season.
 - To read the full article: <u>Having one drink is like smoking a cigarette</u>: <u>Durham doctor (durhamregion.com)</u>
- A large poster with an attached letter was mailed to local colleges and universities to be displayed in their wellness area that links alcohol to cancer.
- Promotional materials are available (attached)



The risks from 1 glass of alcohol are similar to 1 cigarette.

Highlights:

- On November 4th, 2023, the Regional Cancer Program hosted the Annual Ontario Breast Screening Program (OBSP) event to support radiologists, technologists, and breast health navigators. This year, the event focussed on Innovations & Best Practice in Breast Screening and included a handson positioning lab.
- Pharmacists play a direct role in an individual's health. To help promote cancer screening, all pharmacists in the Central East were faxed information about the cancer screening and prevention team and how to obtain materials/resources for patients.
- HPV is one of the leading causes of head and neck cancers. Onboarding dentists to have a discussion about HPV vaccinations can be a critical step in eliminating HPV related cancers (including cervical) by 2040.

The Royal College of Dental Surgeons of Ontario (RCDSO) recently shared the following information with their members:

https://rcdso.informz.ca/informzdataservice/onlineversion/ind/bWFpbGluZ2luc3RhbmNlaWQ9MTQ10 TU2OCZzdWJzY3JpYmVyaWQ9OTI5ODQxNTcy

Oral cancer screening and prevention resources

The Central East Regional Cancer Program's screening and prevention team is dedicated to improving cancer screening participation and providing awareness about cancer prevention strategies.

As a dentist, you can help by sharing cancer prevention information, specifically as it relates to oropharyngeal cancers. Oropharyngeal cancers have traditionally been caused by tobacco and alcohol, but recent studies show about 25-35% of cancers of the oropharynx may be linked to human papillomavirus (HPV).

You can play a key role in preventing HPV-related oropharyngeal cancers by:

- Raising awareness
- · Educating and offering counselling to patients
- · Promoting evidence-based preventive and diagnostic interventions

Data:

*Data as of November 2023

Screening Program	Indicator	Target	Previous Month Performance	
ColonCancerCheck	Participation Rate	>75%	60.5%	
	Abnormal Test with no follow- up within 6 months	<18%	11.9%	
	Wait Time between abnormal FIT and referral for colonoscopy	N/A	61 days	
Ontario Breast Cancer Screening	Participation Rate	70%	60.4%	
Ontario Cervical Cancer Screening	Participation Rate	85%	52.9%	
	High grade test no follow-up within 6 months	<10%	12.9%	

Additional:

 REMINDER: The Central East **Regional Cancer Program** Screening & Prevention Team's NEW website is now live: https://cercp.ca/ Website highlights include: Information on cancer screening & prevention Mammography site wait times and option of online self-referral Cervical screening (pap) locations Information for people without a Primary Care Provider • Printable/downloadable handouts Patient story video testimonials Resources for healthcare providers Upcoming presentation dates and locations Previous issues of the **Regional Cancer Program Updates** communique o And so much more!

Central East Regional Cancer Program Ortario Health (Cancer Care Ortario)

Cancer Screening & Prevention

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1 in 2 people in Ontario will get cancer. The 1 out of 2 does not have to be you!

Learn how to lower your risk of cancer and about the cancer screening programs available in Ontario to help find cancer when it is small and easiest to treat.



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The Central East Regional Cancer Program's Screening & Prevention Team would like to wish everyone a safe and happy holiday season! Thank you all for an amazing year and we look forward to continuing this great work with each of you! To subscribe or unsubscribe from this mailing list, please email centraleast.csp@lh.ca

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One System. Best Health.

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