

Abraham, Jabez

From: Central East CSP
Sent: November 1, 2023 2:54 PM
To: Loudon, Kaitlin; Bourke, Shannon; Slevin, Cathy
Cc: Russell, Glenda; Joseph, Nimesha; Abraham, Jabez; Sehn, Carter; MacLeod Beaver, Kathy
Subject: Regional Cancer Program Updates - November 2023
Attachments: PCLS_AttachmentForm_2023.pdf; OBSP FAQs_Updated Screening Eligibility Criteria_Oct 2023_English.pdf; OBSP FAQs_Updated Screening Eligibility Criteria_Oct 2023_French.pdf; MedicalDirective_Cervical Screening_FINAL.docx; Pap Delegation Intro.pdf; 4 prevention tips.png; Lung Cancer Awareness Month.png; Alcohol awareness campaign.zip; Expansion of OBSP for Individuals Ages 40-49_FAQs.pdf; 231030_OBSP_Expansion_Media Release.pdf



Cancer Screening and Prevention Program Updates for Primary Care Providers

November 2023

In This Issue (use the hyperlinks below to take you to the specific section):

- [Health System Innovation:](#)
- [Health Promotion Campaigns:](#)
- [Cancer Care Ontario Updates/Resources:](#)
- [Print/Promotional Materials/Community Engagement:](#)
- [Education Opportunities \(Webinars/Workshops/Event Recordings\):](#)
- [Additional:](#)

Health System Innovation:

- The Screening and Prevention Team is pleased to share the attached **Cervical Screening Medical Directive Template**. This document has been reviewed and available as a reference for Primary Care Providers in the community. There is no requirement or obligation to use the provided template. This template is being shared with you as an option to help increase your cervical screening rates through appropriate delegation of services to other healthcare providers on your team (i.e., RNs, RPNs, Midwives, etc.) The document is being released in a word format to allow edits so you may tailor the document further.
- As announced earlier this week by the Government of Ontario, the **Ontario Breast Screening Program (OBSP) will be expanding to include people ages 40 to 49 in fall 2024**. Ontario Health will be engaging with the Regional Cancer Programs (RCPs) over the coming months on the implementation of this expansion as well as providing resources to support OBSP sites and health care providers.

The following key messages have been developed to support inquiries with key partners:

- The OBSP is a province-wide organized breast screening program managed by Ontario Health. The program is designed to encourage people in Ontario to get screened,

which can lower their chances of dying from breast cancer.

- Starting in **fall 2024**, people ages 40 to 49 will be able to get screened through the OBSP at one of the 241 program sites across Ontario. A referral from a primary care provider will not be required.
- To make an informed decision about breast cancer screening, people ages 40 to 49 are encouraged to discuss the benefits and risks of screening, as well as their breast cancer risk, values and preferences with a health care provider.
- Ontario Health will be working with partners, including Regional Cancer Programs, OBSP sites and providers, to support expansion of the OBSP to people ages 40 to 49.
- The following two documents are attached for reference:
 - Expansion of OBSP for Individuals Ages 40-49 FAQs
 - OBSP Expansion Media Release

Health Promotion Campaigns:

November is Lung Cancer Awareness Month:

- **Facts about Tobacco Use:**
 - Tobacco use increases the risk of nearly 20 different types of cancer.
 - Tobacco use contributes to 30% of all cancer deaths and about 85% of lung cancer cases.
 - In Ontario, approximately 1 in 6 new cancer patients is a current or recent tobacco user.
- **Ontario Lung Screening Program Reminder:** As a reminder, please use the following referral form when making a referral to the **Ontario Lung Screening Program (OLSP)**:
https://www.cancercareontario.ca/sites/ccocancercare/files/assets/LungCancerScreening_ReferralForm.pdf
 - Many providers are still using the old version of the form from the pilot program. The new version of the form is required for any new referrals.
This form is also available in the “Healthcare Provider Resources” on the www.cercp.ca website for future use/reference.
- **Eligibility Criteria:**
 - 55 to 74 years of age
 - Smoked cigarettes daily for at least 20 years, though not necessarily consecutively
 - Participants can refer themselves or ask a doctor to refer them to the program. Learn more at <https://cercp.ca/lung-screening/>
- **Perseverance Saves Lives: How Lung screening at UHN Became a Clinical Success Story.** (September 2023). To read the full article, please click [here](#)
- **Available Resources:**
For Patients:
 - <https://cercp.ca/lung-screening/>
 - health811.ontario.ca
 - <https://www.ontario.ca/page/support-quit-smoking>
 - <https://www.smokershelpline.ca/>
 - <https://www.nicotinedependenceclinic.com/en/stop/stop-on-the-net>
For Healthcare Providers:
 - <https://cercp.ca/healthcare-provider-resources/>

- The CERCP Cancer Screening and Prevention Team has developed digital promotional items (attached). We encourage you to display and/or share these. If you require a different format or any further promotional items developed, please email centraleast.csp@lh.ca

Screensaver/electronic displays/social media post:



Social Media Post:



Alcohol Awareness:

- In November, the Screening and Prevention Team will be supporting a large community Alcohol Awareness campaign. Please feel free to share these resources through your networks or display for your patients.



Cancer Care Ontario Updates/Resources:

ColonCancerCheck (CCC) Program:

- ColonCancerCheck (CCC) CCC Process to Support Unattached People **AVAILABLE: Registration Form for the CCC Program Provider List**. The CCC program provider list is used to support people without primary care providers (i.e., unattached) who are at increased risk for colorectal cancer or have an abnormal fecal immunochemical test result (i.e., FIT-positive).
 - Physicians can register for the CCC program provider list by completing and submitting the Provider Registration for Patient Attachment form to the Contact Centre at cancerinfo@ontariohealth.ca.
 - A copy of the form is attached or can be found here: <https://www.cancercareontario.ca/sites/ccocancercare/files/assets/ColonCancerCheckProviderRegistrationPatientAttachment.pdf>
- Nurse Practitioners (NPs) can also register and support unattached patients.
- Providers on the CCC program provider list are not required to support comprehensive care for unattached people and can remove themselves from this list at any time.
- **Responsibilities of enrolled providers:**
 - Receive the FIT+ result or assess risk level/verify screening history, as appropriate
 - Provide a referral for appropriate next steps (e.g., colonoscopy or FIT kit)
 - As requested by endoscopist, support the communication of colonoscopy results and follow-up instructions with patient

Ontario Breast Screening Program (OBSP):

- On October 16, 2023, the Ontario Breast Screening Program (OBSP) started to screen people with **breast implants** and **Two-Spirit, Trans and Nonbinary** people in accordance with updated eligibility criteria.
 - **People with breast implants** who were previously excluded from participating in the OBSP may now be eligible and may begin receiving invitation letters. People who have breast implants who meet OBSP [eligibility criteria](#) can be screened in the OBSP **without a referral**.



Did you know?

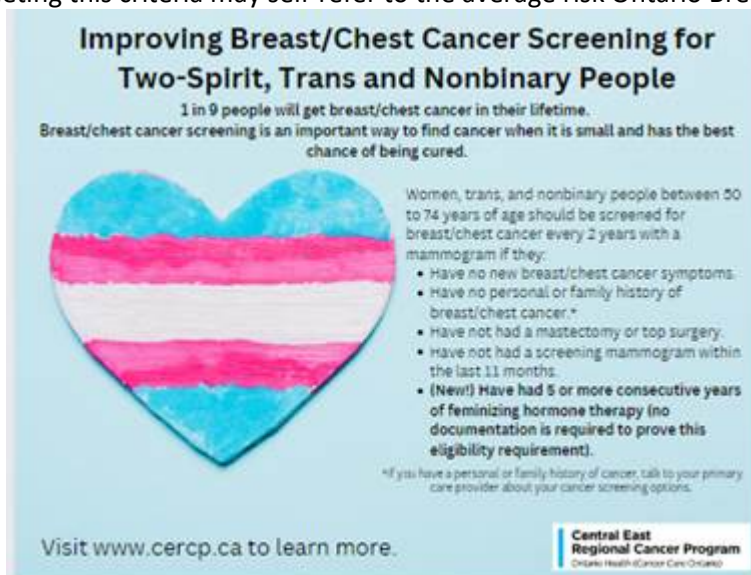
People over 50 years of age with **breast implants** can now book a cancer screening mammogram without a referral from their healthcare provider.

Call 1-800-668-9304 to book your mammogram or visit www.cercp.ca to:

- Find a location near you.
- See wait times for each location.
- Book your mammogram online (where applicable).

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

- **Two-Spirit, Trans and Nonbinary people** currently participating in the OBSP may begin to receive normal result, recall and recall reminder letters based on their screening history, regardless of what sex designation the Ministry of Health has on file for them. Individuals do not require an invitation letter from Ontario Health to be screened in the OBSP. As long as participants meet the OBSP [eligibility criteria](#), they can be screened in the program.
 - Since Ontario Health uses data from the Ministry of Health and other clinical sources to identify who is eligible to receive OBSP invitation letters and these sources use binary sex information (i.e., male/female), Ontario Health remains unable to accurately identify all Two-Spirit, trans and nonbinary people who are eligible for OBSP invitation letters.
 - **OBSP eligibility criteria has been updated to include transfeminine participants who have received feminizing hormone for at least 5 consecutive years. There is no proof of this eligibility required.** Patients meeting this criteria may self-refer to the average risk Ontario Breast Screening Program.



Improving Breast/Chest Cancer Screening for Two-Spirit, Trans and Nonbinary People

1 in 9 people will get breast/chest cancer in their lifetime.
Breast/chest cancer screening is an important way to find cancer when it is small and has the best chance of being cured.

Women, trans, and nonbinary people between 50 to 74 years of age should be screened for breast/chest cancer every 2 years with a mammogram if they:

- Have no new breast/chest cancer symptoms.
- Have no personal or family history of breast/chest cancer.*
- Have not had a mastectomy or top surgery.
- Have not had a screening mammogram within the last 11 months.
- **(New!) Have had 5 or more consecutive years of feminizing hormone therapy (no documentation is required to prove this eligibility requirement).**

*If you have a personal or family history of cancer, talk to your primary care provider about your cancer screening options.

Visit www.cercp.ca to learn more.

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

- OBSP public and provider webpages and other program materials have been updated to reflect changes to the eligibility criteria:
 - [OBSP Webpage \(public-facing\)](#)
 - [OBSP Guideline Summary \(provider-facing\)](#)
 - [Phone Script](#)
 - [Patient Information Sheet](#)
 - [Central East Region Breast Cancer Screening Locations & Wait Times](#)
- **Impacts of these OBSP Updates to Primary Care Providers:**
 - PCPs may begin advising their patients with breast implants that, as of October 16, a referral is no longer required for breast screening. Patients may contact OBSP sites directly to book their appointments. (Additional booking information **and wait times** can be found: <https://cercp.ca/breast-cancer-screening/>)
 - Attached is a list of frequently asked questions to support PCPs with questions from participants in English and French.

Print/Promotional Materials/Community Engagement:

*Provided Free of Charge

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/0GGFL7FNp3>
- All copies are also available in electronic format for waiting room screens, etc. Downloadable versions are available on <https://cercp.ca/healthcare-provider-resources/#health-promotion>.

Education Opportunities (Webinars/Workshops/Event Recordings) & Journal Articles:

- The Central East Regional Cancer Program is hosting the below webinar:
 - Important Considerations in Organized Breast Screening: Breast Density, Supplementary Screening and Screening under 50.
 - January 19th, 2024 12:00pm-1:00pm.
 - To register, email: centraleast.csp@lh.ca.
 - The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Important Considerations in Organized Breast Screening:

Breast Density, Supplementary Screening and Screening under 50

January 19, 2024 | 12:00pm-1:00pm

Presented by:
Dr. Rola Shaheen
Central East Regional Breast Imaging Lead

To register: email centraleast.csp@lh.ca

Learning Objectives:

- Understand breast composition and density using Breast Imaging Reporting and Data System (BI-RADS) breast density categories and associated breast cancer risks
- Learn when supplemental screening is appropriate and what that entails
- Review the evidence for including patients 40-49 years of age in breast cancer screening and the role of the PCP in advising patients of the benefits/risks

The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Central East
Regional Cancer Program
Ontario Health (Cancer Care Ontario)

- **Journal Articles:**

- *Canadian Medical Association Journal* (CMAJ)'s recent article, [“Less is better” is the best message when talking to patients about alcohol](#) (Sept. 18, 2023).

The article endorses *Canada's Guidance on Alcohol and Health*, and suggests that “clinicians and patients should take this new guidance seriously.”

The Canadian Centre on Substance Use and Addiction (CCSA) is starting the digital campaign in early October to help inform people that when it comes to alcohol, drinking less is better.

Additional:

- **REMINDER:** The Central East Regional Cancer Program Screening & Prevention Team's **NEW website is now live:** <https://cercp.ca/>
Website highlights include:
 - Information on cancer screening & prevention
 - Mammography site wait times and option of online self-referral
 - Cervical screening (pap) locations
 - Information for people without a Primary Care Provider
 - Printable/downloadable handouts
 - Patient story video testimonials
 - Resources for healthcare providers
 - Upcoming presentation dates and locations
 - Previous issues of the Regional Cancer Program Updates communique
 - And so much more!



- To subscribe or unsubscribe from this mailing list, please email centraleast.csp@lh.ca

Kaitlin Loudon (she/her), MHS

Primary Care Engagement Lead, Central East Regional Cancer Program

Cancer Screening & Prevention

T. 905.576.8711 ext.32373

kloudon@lh.ca

 [Prevention and Screening](#)  [facebook.com](#)  [instagram.com](#)





**Lakeridge
Health**

**One System.
Best Health.**



One System. Best Health.

Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender by reply e-mail and destroy all copies of the original message.