

Loudon, Kaitlin

From: Central East CSP
Sent: September 7, 2023 8:06 AM
To: Loudon, Kaitlin; Slevin, Cathy; Bourke, Shannon
Subject: Regional Cancer Program Updates - September 2023

**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)

Cancer Screening and Prevention Program Updates for Primary Care Providers

September 2023

In This Issue (use the hyperlinks below to take you to the specific section):

- [Health System Innovation:](#)
- [Cancer Care Ontario Updates/Resources:](#)
- [Print/Promotional Materials/Community Engagement:](#)
- [Education Opportunities \(Webinars/Workshops/Event Recordings\):](#)
- [Data/Reports:](#)
- [Additional:](#)

Health System Innovation:

- The Central East Regional Cancer Program Screening & Prevention Team's **NEW website is now live:** <https://cercp.ca/>
Website highlights include:
 - Information on cancer screening & prevention
 - Mammography site wait times and option of online self-referral
 - Cervical screening (pap) locations
 - Information for people without a Primary Care Provider
 - Printable/downloadable handouts
 - Patient story video testimonials
 - Resources for healthcare providers

The screenshot shows a website banner with a teal background. At the top left is the Central East Regional Cancer Program logo. At the top right is the text 'Cancer Screening & Prevention' and social media icons for Facebook, YouTube, and Instagram. The main text reads: '1 in 2 people in Ontario will get cancer. The 1 out of 2 does not have to be you!' Below this is a sub-headline: 'Learn how to lower your risk of cancer and about the cancer screening programs available in Ontario to help find cancer when it is small and easiest to treat.' On the right side, there are two white boxes with icons: the top one is for the 'ONTARIO CERVICAL SCREENING PROGRAM' and the bottom one is for 'COLON CANCER CHECK'.

- Upcoming presentation dates and locations
 - Previous issues of the Regional Cancer Program Updates communique
 - And so much more!
- On September 7, 2023, the **Indigenous Cancer Program will be celebrating it's 10th anniversary** – a decade of dedicated cultural support and advocacy for Indigenous cancer patients. Additionally, **Kathy MacLeod-Beaver**, Indigenous Navigator, who has been in the role since the inception of the program will also be celebrating her 10 year anniversary. Kathy and the Indigenous Cancer team have made such a tremendous difference in the lives of Indigenous cancer patients across the Central East Region. Congratulations to both Kathy and the Indigenous Cancer Program for this milestone!
 - Are you interested in information regarding Indigenous services? Kathy MacLeod-Beaver, Indigenous Navigator, can provide support for Indigenous cancer patients and their families before, during and/or after cancer-related appointments (this can include support for accessing and navigating care, creating a patient-centred care plan, and supporting patients and their families with the information they need). Contact Kathy by: Email: kmacleodbeaver@lh.ca or Phone: 905-576-8711 or 1-866-338-1778 ext. 32554
 - Are you interested in information regarding available services, programming, or Indigenous outreach initiatives relevant to improving one's cancer journey? Carter Sehn, Indigenous Outreach Liaison, provides coordination and support for Indigenous outreach initiatives. Contact Carter by: Email: csehn@lh.ca or Phone: 905-576-8711 or 1-866-338-1778 ext. 33982

Cancer Care Ontario Updates/Resources:

- **ColonCancerCheck (CCC) Fact Sheet Translations:** In alignment with the 2022 update of the cancer screening awareness materials, Ontario Health has translated the CCC Fact Sheet into 12 additional languages: Bengali, Greek, German, Gujarati, Hungarian, Ojibwe, Polish, Portuguese, Russian, Tibetan, Ukrainian, Vietnamese. These additional materials are now available via the [Cancer Screening Resources Hub](#)

Print/Promotional Materials/Community Engagement:

*Provided Free of Charge

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/OGGFL7FNp3>
- The following two posters are newly available. The “Improving Breast/Chest Cancer Screening for Two-Spirit, Trans and Nonbinary People” supports the Ontario Breast Screening Program’s (OBSP) updated screening guidelines. The “Cancer Screening May Save Lives” information sheet will direct members of the public to the new CERCP website where they can find out about mammogram wait times across the Central East Region and book appointments online.

Improving Breast/Chest Cancer Screening for Two-Spirit, Trans and Nonbinary People

1 in 9 people will get breast/chest cancer in their lifetime.

Breast/chest cancer screening is an important way to find cancer when it is small and has the best chance of being cured.



Women, trans, and nonbinary people between 50 to 74 years of age should be screened for breast/chest cancer every 2 years with a mammogram if they:

- Have no new breast/chest cancer symptoms.
- Have no personal or family history of breast/chest cancer.*
- Have not had a mastectomy or top surgery.
- Have not had a screening mammogram within the last 11 months.
- **(New!)** Have had 5 or more consecutive years of feminizing hormone therapy (no documentation is required to prove this eligibility requirement).

*If you have a personal or family history of cancer, talk to your primary care provider about your cancer screening options.

Visit www.cercp.ca to learn more.

Central East
Regional Cancer Program
Ontario Health | Cancer Care Ontario

Cancer Screening May Save Lives



If you are a woman, trans or nonbinary person between the ages of 50 to 74, it is recommended that you have a mammogram every 2 years. You do not need a valid OHIP card for this type of cancer screening.

You do not need a referral from a primary care provider.

Book your mammogram today!

For more information on site location, approximate wait times, and the option for online self-referral, visit www.cercp.ca or scan the QR code



Central East
Regional Cancer Program
Ontario Health | Cancer Care Ontario

- Coming soon! To support cancer screening awareness and education, the tri-fold brochure will be translated into: Arabic, Spanish, Ukrainian, Tamil, Bengali, and French. If there is another language that would support community members in your practice, please email centraleast.csp@lh.ca

Education Opportunities (Webinars/Workshops/Event Recordings):

- **HPV and Pap Test Competency Workshops.** The below workshop will be **the last workshop of 2023. Deadline to register is Monday, September 11.**
- Workshops are facilitated by Dr. Nathan Roth, Central East Regional Cervical Screening and Colposcopy Lead
 - Workshops are intended for physicians, nurse practitioners, nurses (both RN and RPN), midwives, physician assistants

Date	Additional Information
September 15, 2023	Location: 920 Champlain Court, Whitby Cost: \$100pp If interested in attending, please email centraleast.csp@lh.ca

- The Central East Regional Cancer Program is hosting two information packed webinars this fall (see below). To register, email: centraleast.csp@lh.ca or use the QR code provided (Mastering Cervical Screening with the Use of HPV Testing). The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Supporting Cancer Survivors

Shared care between Oncology and Primary Care Providers

Presented by Dr. Admin Kay, MD, FRCPC
September 26, 2023
12pm-1pm
Email centraleast.csp@lh.ca to register.
CME credits available

Learning Objectives:

- Understand current rates of cancer survival based on disease site.
- Discuss the role of Primary Care in supporting cancer survivors and resources available to assist.
- Review the Oncology discharge process, Oncologists' communication to PCPs, and access to follow-up support or direct re-referral.



Lakeridge
Health

R.S. McLaughlin Durham Regional Cancer Centre



Central East
Regional Cancer Program
Ontario Health (Cancer Care Ontario)

The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Mastering Cervical Screening with the Use of HPV Testing

A Webinar Supporting "Best Practices" in Cervical
Screening for Physicians and Nurses

October 10, 2023

4:00pm-5:00pm

Presented by: Dr. Nathan Roth

Central East Regional Cervical Screening
and Colposcopy Lead

Learning Objectives:

- Review the 5 principles of Data-Driven Performance
- Understand the natural history of cervical cancer
- Explain HPV, HPV Testing and HPV Immunization
- Provide a simplified approach to Cervical Screening and the HPV Screening Pathways

To register: Scan the QR Code or visit
<https://forms.office.com/r/brZuPf82Mw>



The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Central East
Regional Cancer Program
Ontario Health (Cancer Care Ontario)

- On Friday, October 13th, 2023, the Erie St. Clair Regional Cancer Program will be hosting their virtual **Cancer Education Day: Gynecological Cancer**. For more information and to register, please visit: https://us06web.zoom.us/meeting/register/tZUvdOyogDopEtY_n-ZpQFzbq9c0H33hFXTC#/registration

Data/Reports:

Screening Program	Indicator	Target	Previous Month Performance	Current Performance																		
ColonCancerCheck	Participation Rate	>75%	60.6%	60.6%																		
	Abnormal Test with no follow-up within 6 months	<18%	12.1%	12.1%																		
	Wait Time between abnormal FIT and referral for colonoscopy	N/A	56 days	63 days																		
Ontario Breast Cancer Screening	Participation Rate	70%	59.4%	60.6%																		
Ontario Cervical Cancer Screening	Participation Rate	85%	52.5%	52.5%																		
	High grade test no follow-up within 6 months	<10%	15.4%	15.4%																		
Ontario Lung Cancer Screening	Participation Rate	<table border="1"> <caption>Total Recruitment</caption> <thead> <tr> <th>Quarter</th> <th>Recruitment</th> </tr> </thead> <tbody> <tr><td>Q1</td><td>25</td></tr> <tr><td>Q2</td><td>65</td></tr> <tr><td>Q3</td><td>130</td></tr> <tr><td>Q4</td><td>165</td></tr> <tr><td>Q1</td><td>125</td></tr> <tr><td>Q2</td><td>170</td></tr> <tr><td>Q3</td><td>45</td></tr> <tr><td>Q4</td><td>55</td></tr> </tbody> </table>			Quarter	Recruitment	Q1	25	Q2	65	Q3	130	Q4	165	Q1	125	Q2	170	Q3	45	Q4	55
Quarter	Recruitment																					
Q1	25																					
Q2	65																					
Q3	130																					
Q4	165																					
Q1	125																					
Q2	170																					
Q3	45																					
Q4	55																					

Additional:

- To subscribe or unsubscribe from this mailing list, please email centraleast.csp@lh.ca
- YouTube page (includes patient stories and health care provider webinars): [Central East Cancer Screening - YouTube](#)

- Instagram: [@cancerscreening_centraleast](#)
- Facebook: [Cancer Screening - Central East | Oshawa ON | Facebook](#)

Kaitlin Loudon (she/her), MHS

Primary Care Engagement Lead, Central East Regional Cancer Program

Cancer Screening & Prevention

T. 905.576.8711 ext.32373

kloudon@lh.ca



Prevention and Screening



facebook.com



instagram.com



Lakeridge
Health

One System.
Best Health.



One System. Best Health.

Confidentiality Notice: This e-mail message, including any attachments, is for the sole use of the intended recipient(s) and may contain confidential and privileged information. Any unauthorized review, use, disclosure or distribution is prohibited. If you are not the intended recipient, please contact the sender by reply e-mail and destroy all copies of the original message.