

Loudon, Kaitlin

From: Central East CSP
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To: Loudon, Kaitlin; Bourke, Shannon; Slevin, Cathy
Subject: Regional Cancer Program Updates - October 2023
Attachments: ocfp_physician-covid-testing-and-antivirals_2023_final2.pdf

**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)

Cancer Screening and Prevention Program Updates for Primary Care Providers

October 2023

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Special Announcements:

- The Central East Regional Cancer Program (CE RCP) is excited to welcome **Dr. Rebecca Wray to the position of Regional Primary Care Lead** effective immediately. In this role, Dr. Wray will champion key priorities and goals for Ontario's Cancer Screening programs in collaboration with the Cancer Screening & Prevention Team. The Regional Primary Care Lead is essential to ensuring successful engagement and collaboration across the diversity of primary care contexts and teams. Dr. Wray will continue to build upon partnerships with the Central East's Ontario Health Teams (OHTs), RCP and primary care colleagues, providing clinical expertise and guidance related to cancer screening, while monitoring quality and performance and supporting improvement opportunities. For Dr. Wray's full biography, please visit: <https://cercp.ca/healthcare-provider-resources/> Dr. Wray can be reached at rwrap@lh.ca.



- To honour Breast Cancer Awareness Month, the Regional Cancer Program wanted to congratulate the following physicians for having the highest breast cancer screening rates in the Central East Region (in no specific order):

Physician Group Name	Physician Name
SCARBOROUGH HEALTH CARE FHO	Dr. Divya Sood
SCARBOROUGH FHO	Dr. Caterina Mastrogiacomo
GREATER PETERBOROUGH FHO	Dr. Laura Jewell
CLARINGTON FHO	Dr. Yathavan Rajakulasingam
OSHAWA CLINIC FHO	Dr. Michelle Albert
MEDICAL ASSOCIATES OF PORT PERRY FHO	Dr. Andrea Gauster
OSHAWA CLINIC FHO	Dr. Manisha Sharma
MEDICAL ASSOCIATES OF PORT PERRY FHO	Dr. Rebecca Wray
PETERBOROUGH CLINIC FHO	Dr. Natalie Binette
NORTH WHITBY MEDICAL CENTRE FHG	Dr. John Lee
WEST DURHAM FHO	Dr. Doron Eisen
ROUGE VALLEY FHO	Dr. Michael Wilton

*As a reminder, the OH-Cancer Care Ontario target for breast screening participation is 70% of the screen-eligible population

Health System Innovation:

- *New*: Earlier Transition of Care from the Cancer Centre** – Cancer care continues to evolve rapidly. In addition to factors that are stressing our healthcare system, increasing complexity of treatments is putting significant pressure on our cancer program. In order to continue to provide timely and quality cancer care, we will be discharging patients who have completed therapy earlier than before. This is a strategy that Ontario Health-Cancer Care Ontario (OH-CCO) is implementing across the province and is supported by evidence. Guidelines from OH-CCO on survivorship care are available [here](#). Upon discharge, we will provide clear communication on treatments that patients have received and the surveillance required. Some of these patients will still be on maintenance therapy, such as endocrine therapy for breast cancer. We will remain available to support you and will see patients back in a timely manner if related concerns arise. To contact us with any patient concerns, please call 905-721-7776. For urgent issues, you can page the oncologist on-call through the hospital switchboard (905-576-8711 x3200)
 - If you are interested in receiving more information about this topic through a future webinar, please email centraleast.csp@lh.ca
- Getting to know your local Ontario Health Team:** Did you know that the Central East Region is host to five Ontario Health Teams, or OHTs. The Ontario government is building a connected health care system centered

around patients, families and caregivers. These changes will strengthen local services, making it easier for patients to navigate the system and transition between providers. The goal is to ensure that everyone in Ontario can benefit from better coordinated, more integrated care. Under Ontario Health Teams, health care providers (including hospitals, doctors, and home and community care providers) work as one coordinated team – no matter where they provide care.

Primary Care Providers are essential partners in OHTs! Reach out to your local OHT to get connected to your region’s Primary Care Network and stay informed about local health system planning initiatives underway in your area:

Ontario Health Team	Contact	Website
Kawartha Lakes Haliburton	info@kloht.ca	www.kloht.ca
Durham	submissions@doht.ca	www.doht.ca
Scarborough	scarboroughoht@shn.ca	https://en.soht.ca
Northumberland	info@ohtnorthumberland.ca	https://www.ohtnorthumberland.ca/
Peterborough		https://peterboroughoht.ca/

- Ontario Lung Screening Program Reminder:** As a reminder, please use the following referral form when making a referral to the **Ontario Lung Screening Program (OLSP):**
https://www.cancercareontario.ca/sites/ccocancercare/files/assets/LungCancerScreening_ReferralForm.pdf
 Many providers are still using the old version of the form from the pilot program. The new version of the form is required for any new referrals. This form is also available in the “Healthcare Provider Resources” on the www.cercp.ca website for future use/reference.
- Breast Cancer Screening Locations and Wait Times table:** A key highlight on the new website (www.cercp.ca) is the **Breast Cancer Screening Locations and Wait Times table**. The table identifies key headings such as location, wait times, hours of operation, how to book (online or telephone), and other information like languages spoken, for all 32 Breast Screening locations across the Central East Region. This table will help patients decide which breast cancer screening location best meets their needs.

Breast Cancer Screening Locations and Wait Times

Use the table below to find a breast cancer screening location close to you.

Click on the headers to sort by location, wait times, self-booking options, and more.

Sort: CITY (A-Z) ▾

	CITY	LOCATION	WAIT TIMES	HOURS OF OPERATION	PHONE NUMBER	ONLINE BOOKING
	Ajax	Durham Radiology Associates 95 Bayly Street West, Suite 101 Ajax, ON, L1S 7K8	1 week or less	Monday to Friday : 9AM - 4PM	(905) 428-0444	
	Ajax	Lakeridge Health Ajax 580 Harwood Avenue South Ajax, ON, L1S 2J4	1 week	Monday to Friday: 8AM-3:30PM	905-683-2320 x34717	
	Ajax	Rossland Diagnostic Clinic 300 Rossland Road East, Unit 102 Whitby, ON L1Z 0M1	1 week	Monday to Thursday: 8:30AM-4:30PM	(905) 426-3111	Book Here
	Bowmanville	Lakeridge Health Bowmanville 47 Liberty Street Bowmanville, ON L1C 2N4	2 weeks		(905) 623-3331 x34717	

Cancer Care Ontario Updates/Resources:

- The following two changes to the Ontario Breast Screening Program (OBSP) will come into effect October 16, 2023.

Inclusion of People with Breast Implants in the OBSP:

- OBSP sites to begin screening people with breast implants in the OBSP.
- Public and provider webpages and other program materials will be updated to reflect the updated eligibility criteria.
- **Provider referrals are no longer required for eligible participants with breast implants.**

Screening Trans and Nonbinary People in the OBSP:

- OBSP sites to begin screening eligible trans and nonbinary people according to guidance on improving screening for trans and nonbinary people in the OBSP.
- OBSP webpages and other program materials will be updated to reflect eligibility criteria.
- **Eligibility criteria for breast cancer screening to include people who have had 5 or more consecutive years of feminizing hormone therapy (no documentation is required to prove this eligibility requirement). Patients meeting this criteria may self-refer to the average risk Ontario Breast Screening Program.**

Did you know?
People over 50 years of age with **breast implants** can now book a cancer screening mammogram without a referral from their healthcare provider.

Call 1-800-668-9304 to book your mammogram or visit www.cercp.ca to:

- Find a location near you.
- See wait times for each location.
- Book your mammogram online (where applicable).

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

Improving Breast/Chest Cancer Screening for Two-Spirit, Trans and Nonbinary People
1 in 9 people will get breast/chest cancer in their lifetime.
Breast/chest cancer screening is an important way to find cancer when it is small and has the best chance of being cured.

Women, trans, and nonbinary people between 50 to 74 years of age should be screened for breast/chest cancer every 2 years with a mammogram if they:

- Have no new breast/chest cancer symptoms.
- Have no personal or family history of breast/chest cancer.*
- Have not had a mastectomy or top surgery.
- Have not had a screening mammogram within the last 11 months.
- **(New!) Have had 5 or more consecutive years of feminizing hormone therapy (no documentation is required to prove this eligibility requirement).**

*If you have a personal or family history of cancer, talk to your primary care provider about your cancer screening options.

Visit www.cercp.ca to learn more.

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

Print/Promotional Materials/Community Engagement:

***Provided Free of Charge**

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/OGGFL7FNp3>

- All copies are also available in electronic format for waiting room screens, etc. Downloadable versions are available on <https://cercp.ca/healthcare-provider-resources/#health-promotion>.
- **New Posters/social media posts for Breast Cancer Awareness month:** The “Improving Breast/Chest Cancer Screening for Two-Spirit, Trans and Nonbinary People” supports the Ontario Breast Screening Program’s (OBSP) updated screening guidelines for transfeminine people. The “Breast Cancer Awareness Month” image can be used on digital displays to highlight this important month.

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*If you have a personal or family history of cancer, talk to your primary care provider about your cancer screening options.

Visit www.cercp.ca to learn more.

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

OCTOBER IS

Breast Cancer

AWARENESS MONTH



Women, trans or nonbinary people, between 50 to 74 years of age should have a mammogram every 2 years.

Call 1-800-668-9304 to book an appointment.
You do not need a referral.

Talk to your healthcare provider about starting screening sooner if you have a personal or family history of cancer.



Visit www.cercp.ca to:

- Find a location near you.
- See wait times for each location.
- Book your mammogram online (where applicable).

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

Education Opportunities (Webinars/Workshops/Event Recordings):

- The Central East Regional Cancer Program is hosting the below webinar: Mastering Cervical Screening with the Use of HPV Testing. To register, email: centraleast.csp@lh.ca or use the QR code provided. The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Mastering Cervical Screening with the Use of HPV Testing

A Webinar Supporting "Best Practices" in Cervical
Screening for Physicians and Nurses


**October 10, 2023
4:00pm-5:00pm**

**Presented by: Dr. Nathan Roth
Central East Regional Cervical Screening
and Colposcopy Lead**


Learning Objectives:

- Review the 5 principles of Data-Driven Performance
- Understand the natural history of cervical cancer
- Explain HPV, HPV Testing and HPV Immunization
- Provide a simplified approach to Cervical Screening and the HPV Screening Pathways

**To register: Scan the QR Code or visit
<https://forms.office.com/r/brZuPf82Mw>**




The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.



- On Friday, October 13th, 2023, the Erie St. Clair Regional Cancer Program will be hosting their virtual **Cancer Education Day: Gynecological Cancer**. For more information and to register, please visit: https://us06web.zoom.us/meeting/register/tZUvdOyoqDopEtY_n-ZpQFzbq9c0H33hFXTc#/registration

Data/Reports:

- The Ontario Hospital Association highlights Breast Cancer Screening Before Age 50 Linked with Better Survival. The full article can be found [here](#). Canadian provinces and territories that allowed women 40-49 to self-refer for organized breast cancer screening programs with annual mammograms had better survival and lower breast cancer mortality rates compared with those that did not, according to a study published in the [Journal of Clinical Oncology](#). Ontario Health diligently reviews new evidence for cancer screening and amends program guidelines and eligibility criteria accordingly. Stay tuned for further updates!
- **Central East RCP: Dashboard (All data are current as of June 30, 2023):**
Thanks to your commitment to preventative care, the Central East Region continues to see an increase in participation rates across all three organized screening programs (breast, cervical, colorectal). Let's keep those  going by working together to support better health outcomes, including early detection and treatment, for the other ~40% of residents who remain unscreened!

Regional Statistics

Enrolled / Eligible Patient Population:	Regional Cancer Program (RCP)		Ontario		
Breast Screening		203,331			1,871,987
Cervical Screening		370,690			3,540,453
Colorectal Screening		403,999			3,722,235
	OH-CCO Target:	Ontario Rate:	RCP Rate:		Percentage P Change in t Previous 1 Months (RC
PEM Physicians (Breast Screening Rate):	70%	64%	64%	↑	4.74
PEM Physicians (Cervical Screening Rate):	85%	61%	59%	↑	6.01
PEM Physicians (Up-to-Date with Colorectal Tests):	75%	68%	66%	↑	2.02

Additional:

- The Ontario College of Family Physicians has released the 2023-2024 Respiratory Illness Season: COVID-19 Testing – Antiviral Treatments for COVID-19 and Influenza document. For information on the best line therapy and management of the various respiratory viruses, please see the attached document.

- The Central East Regional Cancer Program Screening & Prevention Team's **NEW website is now live:**

<https://cercp.ca/>

Website highlights include:

- Information on cancer screening & prevention
- Mammography site wait times and option of online self-referral
- Cervical screening (pap) locations
- Information for people without a Primary Care Provider
- Printable/downloadable handouts
- Patient story video testimonials
- Resources for healthcare providers

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

Cancer Screening & Prevention

1 in 2 people in Ontario will get cancer. The 1 out of 2 does not have to be you!

Learn how to lower your risk of cancer and about the cancer screening programs available in Ontario to help find cancer when it is small and easiest to treat.

ONTARIO CERVICAL SCREENING PROGRAM

COLON CANCER CHECK

- Upcoming presentation dates and locations
- Previous issues of the Regional Cancer Program Updates communique
- And so much more!

- To subscribe or unsubscribe from this mailing list, please email centraleast.csp@lh.ca

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Cancer Screening & Prevention

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Prevention and Screening



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Lakeridge
Health



One System. Best Health.

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