

Loudon, Kaitlin

From: Central East CSP
Sent: March 6, 2023 1:29 PM
To: Bourke, Shannon; Slevin, Cathy; Loudon, Kaitlin
Subject: Regional Cancer Program Updates - March 2023 Communique



Prevention and Cancer Screening Program Updates for Primary Care Providers

March 2023

In This Issue (use the hyperlinks below to take you to the specific section):

- [Health System Innovation:](#)
- [Colorectal Cancer Awareness Month Highlights](#)
- [Print/Promotional Materials/Community Engagement](#)
- [Webinars/Workshops/Event Recordings](#)
- [Reports](#)
- [Data](#)

Health System Innovation:

- As of April 1st, 2023, the Birchmount site of Scarborough Health Network (SHN) will become an **OBSP Breast Assessment Site**, rather than just a breast screening location. Patients with abnormal screening mammograms can be sent to this site for further investigation. The General and Centenary sites both remain Breast Assessment sites as well.
- **Does your practice need a Prevention Practitioner? The Central East Regional Cancer Program wants to help build capacity for preventative care across the Central East Region by sponsoring training for your practice!** The BETTER Program is a training process developed for individuals within health practice settings to become experts in chronic disease prevention and screening. The program uses an evidence-based, proactive approach to screening and primary prevention, proven to improve clinical outcomes and aimed at reducing the burden of chronic disease. The BETTER approach focuses on prevention and screening of cancer, diabetes, heart disease and associated lifestyle factors (diet, exercise, smoking, and alcohol). For more information on the BETTER program and how it could benefit your practice and your patients, [click here](#).
 - To take advantage of this limited time opportunity to access training (a \$500 value), please complete this [registration form](#) and tell us how you would incorporate the Prevention Practitioner role in your Practice. **Registration deadline has been extended to March 15th**. Training will take place from March-May 2023. Training sessions are 2 full days or three afternoons consecutively and is offered virtually.
- **Ocean e-Referral** is a directory of referral destinations in the community and hospitals, with eReferral forms supporting a wide range of services. It integrates with Accuro, TELUS PS Suite, and OSCAR Pro to launch auto-populated referrals directly from the patient chart in your EMR and helps to streamline communication about the status of referrals and appointments. For additional information or to request a demo of Ocean eReferral, please contact your Ontario Health East Deployment Team [HERE](#).
 - E-Referral Cancer Screening Pathways now live on the [Ocean Healthmap](#):

- **Ontario Cervical Screening Program (OCSP):** The Lakeridge Health Colposcopy referral is now live on the Ocean e-referral system. Search “colposcopy” on the Ocean Healthmap. Some independent providers such as Dr. Peng at SHN are also accepting colposcopy e-referrals at this time.
- **The Ontario Lung Screening Program (OLSP):** is accepting Ocean e-referrals. Search “OLSP” on the Ocean Healthmap to refer your patients who are over 55 years of age and have smoked for 20 years over their lifetime (not necessarily in a row).
- **Colon Cancer Check (CCC):** Scarborough Health Network has created a FIT+ referral pathway on Ocean to refer FIT+ patients for colonoscopy. Lakeridge Health will launch their FIT+ referral pathway in March. Many independent GI/Endo specialists are also accepting Ocean e-referrals for FIT+ patients. Search “Endo” or “FIT” on the Ocean Healthmap to find a location.
- **Ontario Breast Screening Program (OBSP):** Hospital sites and some Independent Health Facilities within the Central East Region have begun accepting Diagnostic Imaging referrals, including OBSP mammograms. We are working on developing a patient self-referral pathway through Ocean for OBSP self referrals; stay tuned for more updates!
- **Thoracic and Gyne Diagnostic Assessment Programs (DAP):** Both the Thoracic and Gyne DAPs are now accepting referrals via Ocean e-referral. If you have a patient with a suspicion of cancer who requires further investigation, consider accessing these e-referral pathways.

Colorectal Cancer Awareness Month Highlights:

- **9 out of 10 people can be cured if colon cancer is caught early.**
- **Meet Dr. Hugh Kendall** – Central East Regional Colorectal Screening and Gastrointestinal (GI) Endoscopy Lead:

Dr. Hugh Kendall is the Regional Colorectal Screening/Gastrointestinal (GI) Endoscopy Lead for the Central East Regional Cancer Program. He is a general surgeon and president of the Durham EndoSurgery Centre in Ajax, where his practice focuses on consultation, colonoscopy and gastroscopy. Dr. Kendall co-chairs the CPSO Quality Assurance Committee. His expertise in the field of Endoscopy has led to valuable work with Ontario Health Cancer Care Ontario, where Dr. Kendall has been a member of the GI Endoscopy Advisory Committee providing input and opinion on Quality Based Procedures. He was also a consultant for Cancer Care Ontario’s Comprehensive Quality Management Partnership and a member of the Ontario Colonoscopy Expert Panel.



- In recognition of Colorectal Cancer Awareness Month, the Regional Cancer Screening and Prevention Team would like to express our congratulations to the following physicians for achieving the highest colorectal screening rates (FIT & Colonoscopy) (91%+) in the Central East region during Q2.
 - Dr. Karen Tsin – East GTA Family Health Group
 - Dr. Caterina Mastrogiacomo – Scarborough Family Health Organization
 - Dr. Lisa Hicks – Greater Peterborough Family Health Organization
 - Dr. Kevin Lam – Brooklin Medical Centre Family Health Organization
 - Dr. Vivian Jia – Oshawa Clinic Family Organization

- The Regional Cancer Screening and Prevention Team would also like to recognize the following physicians that have the highest FIT Testing Rate in the Central East region during Q2:
 - Dr. Wai Lam Chan – Comprehensive Care Group
 - Dr. Keng Yuen – East GTA Family Health Group
 - Dr. Andrew Wong – Comprehensive Care Group
 - Dr. Tapas Banerjee – Ganaraska Family Health Organization
 - Dr. David Lam – East GTA Family Health Group
 - Dr. Karen-Lee Eldridge – Peterborough Community Family Health Organization
- **ColonCancerCheck (CCC) Attachments:** The Ontario Health (Cancer Care Ontario) maintains a list of primary care providers (PCPs) who have signed up to take on unattached patients requiring follow-up after an abnormal fecal immunochemical test (FIT) result, or unattached patients who are at an increased risk of colorectal cancer requiring a screening colonoscopy. Both primary care physicians and nurse practitioners can support the attachment process. PCPs who are interested in attaching new patients to their primary care practice are asked to sign and return the [attached form](#) to Ontario Health (Cancer Care Ontario). PEM physicians who accept a new patient referred from Cancer Care Ontario to their practice, can claim the Q043A New Patient Fee Abnormal/Increased Risk Colorectal Cancer (CRC). The fee that can be claimed is \$150 to \$230 depending on the age of the patient. For more information about OHIP billing codes, please refer to the [Ministry of Health](#).
- **FIT+ patients in Urgent Care:** Unattached Average Risk patients, can call Health Connect Ontario (Health811) at 811 to request that a FIT kit be mailed to their home. If the patient is FIT+, they will need to find a provider to refer them for a colonoscopy. They often seek referral support at an Urgent Care or Walk-In Clinic. If a patient visits urgent care or a walk-in clinic with this request, it would be very helpful to the patient if the urgent care provider is able to support this request. Many providers are hesitant because they believe the responsibility for the referral is that of the ordering physician of the FIT, but for these unattached patients, Health Connect Ontario was the point of entry.
- **Colorectal cancer screening for uninsured patients:** Colorectal cancer screening is important for everyone. We understand that there can be challenges for those that may not have a valid OHIP card. Please note that uninsured individuals (not eligible for ColonCancerCheck) can receive FIT testing through Dynacare for \$59.00. For more information, please visit: <https://www.dynacare.ca/specialpages/secondarynav/find-a-test/nat/fecal%20occult%20blood%20immunochemical%20test.aspx?sr=ONT&st=>

Print/Promotional Materials/Community Engagement:

*Provided Free of Charge

- In recognition of Colorectal Cancer Awareness Month, a screensaver/poster has been developed. Please feel free to share and to utilize this resource throughout your organization. To access the screensaver/poster, please [Click here](#)


MARCH IS
Colorectal Cancer
AWARENESS MONTH

A FIT kit is an easy at-home test used to check for colorectal cancer. You should do this test every 2 years if you are between 50 to 74 years of age.

Talk to your Primary Care Provider (PCP) to have your FIT kit mailed to you. If you do not have a PCP, call 811 to get a kit.

If you have a family history of colorectal cancer, talk to your PCP about starting screening sooner.

To learn more, visit www.lh.ca



**Central East
Regional
Oncology Health
Centres**

- A new print/promotional materials order page has been developed. If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/0GGFL7FNp3>

**Colorectal Cancer Screening
is as easy as 1, 2, 3!**

A FIT kit is used to check for colorectal cancer.

1 Poop
Go pee and flush the toilet. Put the flushable paper from the kit on top of the water in the toilet. Go poop.

2 Poke
Write the date on the collection tube and twist the lid off. Poke your poop with the collection stick. The ridged part of the stick needs to be completely covered with your poop.

3 Post
Put the lid back on. Put the collection tube in the bag and mail it within 2 days in the pre-paid envelope. You can also drop it off to a LifeLabs location or First Nations Health Centre.

If you are between 50 to 74 years of age, ask your Primary Care Provider (PCP) for a FIT kit or call 811 if you do not have a PCP. The FIT kit is mailed directly to your home.

**Central East
Regional Cancer Program**
Oncology Health Centres



- A recently developed tri-fold brochure to reflect the four different screening programs in a condensed patient-facing document has been created. To order this brochure, please use the following link:

<https://forms.office.com/r/OGGFL7FNp3>

- Ontario Health – Cancer Care Ontario offers postcards, posters, and fact sheets in English, French, and Other languages. To view and order materials, please visit: [Cancer Screening Resources Hub | Cancer Care Ontario](#)

- Other languages include:
 - Arabic
 - Chinese (simple)
 - Chinese (traditional)
 - Farsi
 - Hindi
 - Italian
 - Punjabi
 - Spanish
 - Tagalog
 - Tamil
 - Urdu

- The Central East Regional Cancer Program’s Screening and Prevention Team is working with local partners to provide community education. If you are interested in arranging a presentation for community members, please email centraleast.csp@lh.ca.

Webinars/Workshops/Event Recordings:

- The Central East Regional Cancer Program will host the following webinars. To register for any of the below, please email: centraleast.csp@lh.ca. The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.
- Double click on the image below to register or email centraleast.csp@lh.ca:



**Colorectal Cancer
Screening Webinar**

Presented By: Dr. Hugh Kendall
Colorectal Cancer Screening Lead

March 8, 2023
12:00pm-1:00pm
To register: centraleast.csp@lh.ca

The banner features a blue ribbon on the right side, symbolizing colorectal cancer awareness.

Learning Objectives:

- Understand the rationale of FIT testing
- Reinforce the equivalency of FIT testing and colonoscopy in average risk population
- Review the 2023 definitions of average risk populations versus "family history"
- Review the contraindications to FIT testing
- Review the intervals to resume FIT testing after normal colonoscopy
- Review "tips and tricks" to impart to patients to minimize rejected samples
- Review points for patient discussion regarding pros and cons of colonoscopy versus FIT testing

Join us for this interactive discussion about colorectal screening.

The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)

OPTIMIZING THE FEATURES OF YOUR EMR FOR CANCER SCREENING

PRESENTED BY:
ONTARIOMD PRACTICE ENHANCEMENT CONSULTANTS



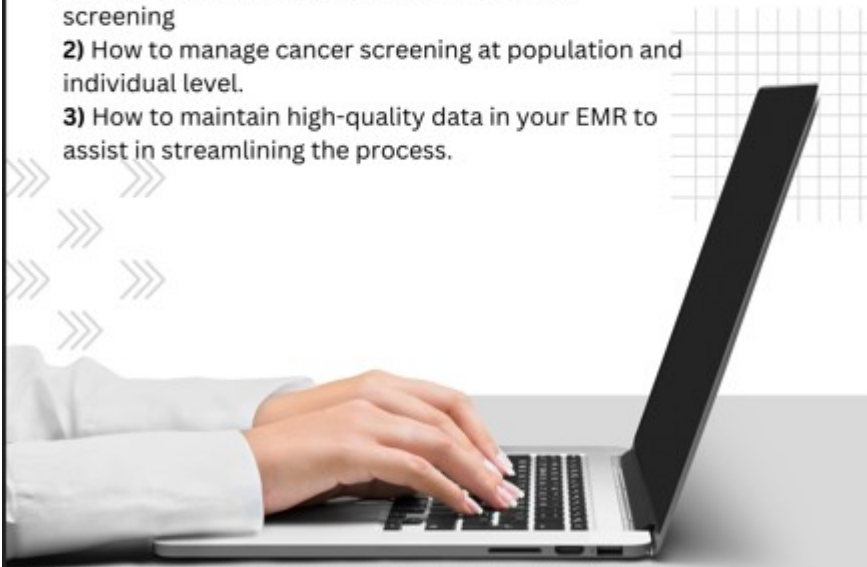
April 19, 2023

12:00pm-1:00pm

To register: centraleast.csp@lh.ca

Learning Objectives:

- 1) How to identify eligible patients for cancer screening
- 2) How to manage cancer screening at population and individual level.
- 3) How to maintain high-quality data in your EMR to assist in streamlining the process.



The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)

*After this session, the Regional Cancer Program will be releasing screening templates that can be uploaded to your EMR and sent to patients that are overdue for cancer screening (colorectal, breast, and cervical).

The Scarborough Ontario Health Team will be hosting an upcoming **HPV and Pap Test Competency Workshop** on April 28, 2023.

If interested in attending, please complete the following registration form for consideration:
<https://forms.office.com/r/nk3YYTnaWh>

- On Thursday, February 23, the Durham Ontario Health Team in Partnership with the CE RCP hosted virtual grand rounds on **Health, Road to Recovery: Cancer Screening**. The webinar was moderated by Dr. Rebecca Wray and Dr. Lubna T. the following expert panelists:
 - Dr. Avnish Mehta – Regional Primary Care and Cancer Screening Lead
 - Dr. Hugh Kendall – Regional Colorectal Screening and Gastrointestinal (GI) Endoscopy Lead
 - Dr. Nancy Kazarian – Family Physician, Medial Associates of Port Perry
 - Dr. Shannon Trainor – Thoracic Surgeon, Lakeridge Health
 - Dr. Rola Shaheen - Regional Breast and Cancer Imaging Lead

To view this recording, please use the following link and passcode:

<https://oma.zoom.us/rec/share/uSVHTRhXowGxdHOeXcCYPcxMGwMCnudE837cDsfPuPcaFSjr8DJiw0LFCwOH7w>

Passcode: zP6CqgX=

- On March 29, 2023, Scarborough Centre for Healthy Communities is hosting their 2023 Palliative Care Conference, **Living T'il We Die**. The goal of this conference is to explore important topics that our industry experiences every day. To view more details of this event and to purchase tickets, please visit: "[Living T'il We Die 2023 Palliative Care Conference](#)" [Tickets, Wed, 29 Mar 2023 at 8:00 AM | Eventbrite](#)

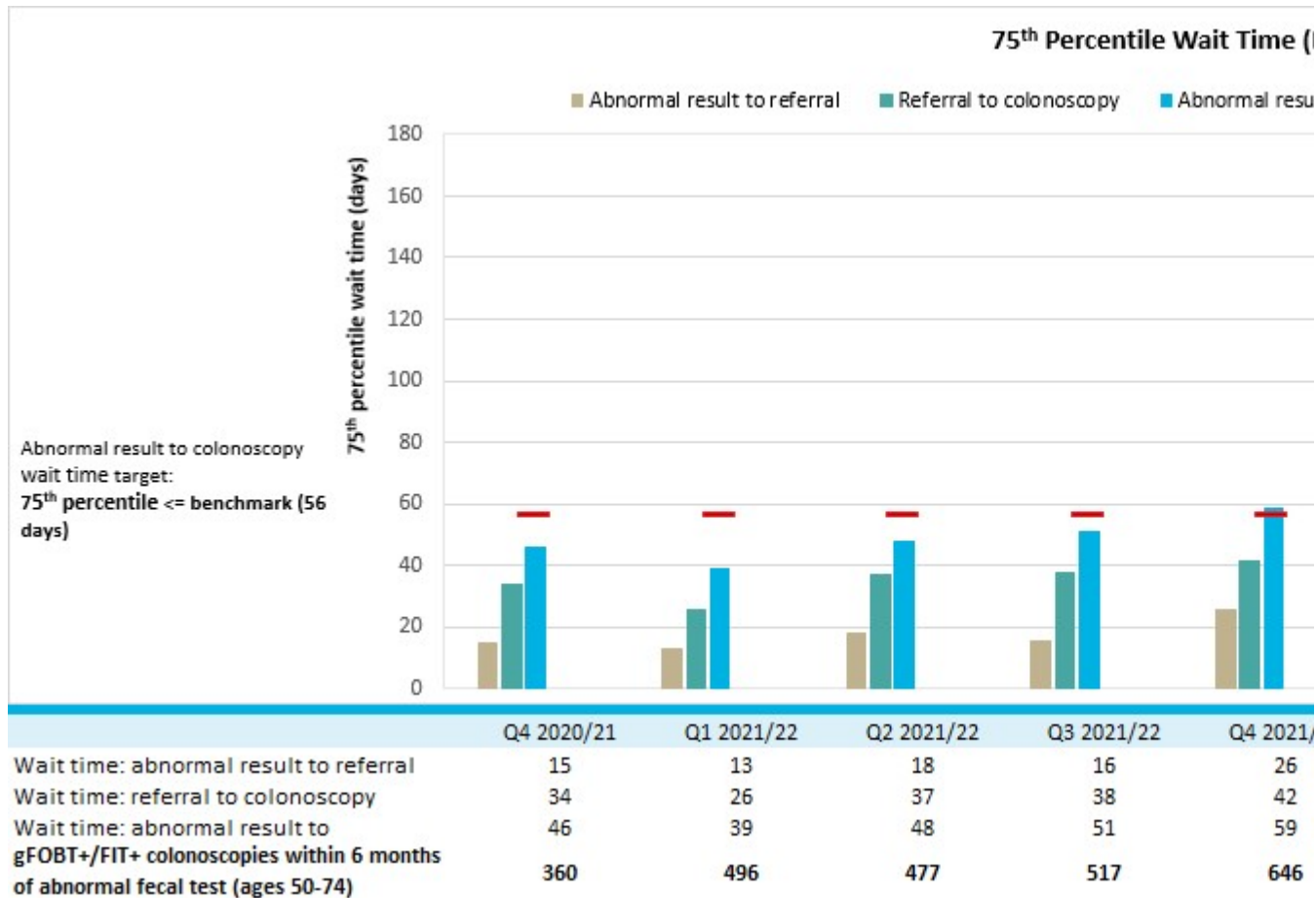
Reports:

- **Road to Recovery: Cancer in the COVID-19 Era**- information about the impact of the COVID-19 pandemic on cancer outcomes is now available.
 - The following content has been released in this update:
 - The impact of the pandemic on [cancer diagnoses](#) and [mortality](#), based on data from provincial cancer registries and the Vital Statistics Death Database.
 - New examples of innovative practices implemented since the report's release to support pandemic recovery. The examples in this section come from BC, AB, MB, ON, QC, NB, NS, PE, and NU, and include solutions that address three main areas, including solving the [healthcare human resources crunch](#), [preparing for the surge in cancer cases](#), and [leveraging models of care](#) supported by digital tools, and data.

Data:

- Moving forward, the Regional Cancer Program will release the performance scorecard on a quarterly basis. Next release date: April 2023. If interested in receiving information prior to each release, please reach out to: centraleast.csp@lh.ca
- **Data Highlights:**

- In February, the Central East region **surpassed** the ColonCancerCheck Program’s participation target of 60%, currently sitting at 60.2%! With your support and efforts, we are looking forward to achieving an even higher participation rate.
- One area where there is the opportunity for improvement with respect to colorectal cancer screening from Primary Care Providers is the “Wait time: abnormal result to referral” which is currently at 18 days. Expediting this step will help patients be seen and receive a colonoscopy in a more timely way.



- If you are receiving these communiques in error or no longer interested in receiving, please email centraleast.csp@lh.ca to have your name and contact information removed from the distribution list.

Thanks,

Kaitlin

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**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)



One System. Best Health.

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