

Loudon, Kaitlin

From: Loudon, Kaitlin
Sent: July 17, 2023 8:49 AM
To: Loudon, Kaitlin
Subject: FW: Regional Cancer Program Updates - June 2023
Attachments: Regional Primary Care Lead Role Statement.pdf; Alcohol awareness campaign (1).pdf

From: Central East CSP
Sent: June 7, 2023 3:24 PM
To: Loudon, Kaitlin <kloudon@lh.ca>; Bourke, Shannon <sbourke@lh.ca>; Slevin, Cathy <cslevin@lh.ca>
Subject: Regional Cancer Program Updates - June 2023



Prevention and Cancer Screening Program Updates for Primary Care Providers

June 2023

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Special Announcement:

- Since 2019, Dr. Avnish Mehta has provided ongoing clinical leadership as the Central East Regional Cancer Program's Regional Primary Care Lead (Cancer Screening). Dr. Mehta has recently decided to step down from this role. We sincerely thank Dr. Mehta for all of his leadership and guidance. For anyone interested in serving as the Primary Care Physician Lead for the Central East Region, please see the attached Role Statement. Interested applicants may send their Curriculum Vitae to the attention of: Kirsten Burgomaster, Regional Vice President, Central East Regional Cancer Program, Lakeridge Health; email: mdcv@lh.ca. The deadline to apply is Friday, June 9, 2023. Thank you again Dr. Mehta for all the amazing work and support provided to the Cancer Screening and Prevention Team!

Health System Innovation:

- Recently, the US Preventative Services Task Force released draft recommendations on lowering the age to begin biennial breast cancer screening mammography to age 40. The Ontario Breast Cancer Screening Program (OBSP) continues to review all available evidence but currently recommends that most eligible women, trans and nonbinary people ages 50 to 74 get screened with mammography every two years. The OBSP encourages people ages 40 to 49 who are at average risk for breast cancer to make a personal decision about breast cancer

screening in consultation with their primary care provider. Based on this discussion, people under age 50 can be screened for breast cancer outside the OBSP with a referral from their primary care provider.

- Trent Hills Family Health Team in Campbellford has embedded a **Cancer Survivorship Nurse** role into their practice to support post-treatment cancer survivors that are discharged from oncology care. Post-treatment care plans in combination to discharge summaries are critical documents that support primary care providers to support the highest level of care. For more information, please visit: <https://trenthillsfht.ca/cancer-survivorship>
- Primary care providers play an instrumental role in the prevention and detection of melanoma. As summer approaches, it is important to remind patients about how to prevent and detect melanoma. For information on sun safety, preventing melanoma and skin cancer, and how to detect melanoma, visit Melanoma Canada: <https://www.melanomanetwork.ca/>
- **Tip from a Peer Leader: Using the eConsult Feature (Avaros EMR).** Dr. Keith Thompson, Family Physician Peer Leader in London demonstrates the use of the eConsult feature in Avaros EMR to access specialist advice. Learn to launch eConsult, search of specialists, fill in information like medications, upload patient documents, and submit the consult. eConsult can be beneficial for specialist advice such as Hematology. To watch the video, please visit: https://vimeo.com/814609701?utm_source=Digital+Health+eTips&utm_campaign=a9aec3e4e7-EMAIL_CAMPAIGN_2020_07_10_05_27_COPY_01&utm_medium=email&utm_term=0_9087f746bf-a9aec3e4e7-567070576

Days of Significance:

- We would be remiss if we didn't do a special mention for a date that was missed in May. **May 19th – World Family Doctor Day!** Huge thank you to the work that Family Doctors do every day, especially with cancer screening!



- June Dates:
 - Canadian Men's Health Month
 - National Cancer Survivor Day – June 4
 - National Health and Fitness Day – June 5
 - National Indigenous Peoples Day – June 21. A great way to celebrate is by completing **Indigenous Relationship & Cultural Awareness Courses**. Information on these courses and how to access them can be found in the Education Opportunities section.
 - National Cancer Wellness Awareness Day – June 26

Cancer Care Ontario Updates/Resources:

- Ontario Health has released updated **vaping and cannabis** resources. These resources are intended to help healthcare providers working in cancer and primary care settings give credible information to their patients. The resources include evidence summaries for healthcare providers and patient information sheets for community members, in English and French. These resources were first released in 2020 and have been updated to reflect the latest evidence, data and policies.
 - [Cannabis and cannabinoids: Cancer risk and use to manage cancer symptoms](#)
 - [Vaping products including e-cigarettes](#)
- **The Ontario Breast Screening Program (OBSP)** is excited to share upcoming changes to:
 1. Enhanced breast density notification to OBSP participants and increase OBSP participants' awareness and understanding of breast density as a risk factor for breast cancer (targeted to take effect: July 2023)
 2. Include people with breast implants in the OBSP to minimize barriers and support their inclusion in organized breast cancer screening (targeted to take effect: fall 2023)
 3. Improve screening for trans and nonbinary people in the OBSP according to policy recommendations for screening trans and nonbinary people in the OBSP and the Ontario Cervical Screening Program , available: <https://www.cancercareontario.ca/en/guidelines-advice/types-of-cancer/61546> (targeted to take effect: fall 2023)
- Ontario Health-Cancer Care Ontario has recently announced that cancer screening awareness materials for each of the Cancer Screening programs (CCC, OBSP, OCSP) have been translated into a number of languages and are now available on the Cancer Screening Resources Hub: <https://www.cancercareontario.ca/en/cancer-screening-regional-resources-hub> These additional materials include newsletter content, waiting room screen savers, posters and postcards in electronic format.

Print/Promotional Materials/Community Engagement:

*Provided Free of Charge

- Canada's Guidance on Alcohol and Health provides people living in Canada with the information they need to make well-informed and responsible decisions about their alcohol consumption. To view Canada's Guidance on Alcohol and Health: Final Report, please visit: https://ccsa.ca/sites/default/files/2023-01/CCSA_Canadas_Guidance_on_Alcohol_and_Health_Final_Report_en.pdf. To support community awareness, please utilize the attached digital posters (x5).
- Coming soon! To support cancer screening awareness and education, the tri-fold brochure will be translated into: Farsi, Arabic, Spanish, Ukrainian, Urdu, Tamil, and French. If there is another language that would support community members in your practice, please email centraleast.csp@lh.ca



- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/0GGFL7FNp3>

Education Opportunities (Webinars/Workshops/Event Recordings):

- Providing care that acknowledges, respects, and incorporates cultural and language considerations is an essential part of providing high-quality care. **Cultural Awareness Courses** that are available through Ontario Health. These courses are certified by the College of Family Physicians of Ontario and are available to all registered or for more information, visit: <https://elearning.cancercare.on.ca/> All courses are self-paced learning modules, all available to all.



- **HPV and Pap Test Competency Workshops:**
 - Workshops are facilitated by Dr. Nathan Roth, Central East Regional Cervical Screening and Colposcopy Lead
 - Workshops are intended for physicians, nurse practitioners, nurses (both RN and RPN), midwives, physician assistants

Date

Additional Information

September 15, 2023

Location: Lakeridge
Health, 920 Champlain Court,
Whitby

Cost: \$100pp

If interested in attending, please email
centraleast.csp@lh.ca

Data/Reports:

- In March 2023, Ontario Health- Cancer Care Ontario increased the target for colorectal cancer screening from 60 to 75%. Raising the bar for this target will contribute to a greater number of eligible patients who participate in the highly effective FIT colorectal screening program. Reminder: eligible patients that do not have a primary care provider can receive a FIT kit by calling 811.
- For more information about data and indicators, please reach out to us.

Program	Indicator	CE RCP	Previous Month	OH-CCO
		As of May 2023		
OBSP	<u>Participation</u>	59.4%	58.2%	>= 75%
CCC	<u>Participation*</u>	60.6%	60.2%	> 75%
	Abnormal fecal tests with no follow-up within six months	12.1%	12.8%	< 15%
OCSP	<u>Participation</u>	52.4%	51.6%	85%
	High grade test with no f/u within 6 months	29.1%	26.6%	<= 15%

*New Target

Additional:

- To subscribe or unsubscribe from this mailing list, please email centraleast.csp@lh.ca
- YouTube page (includes patient stories and health care provider webinars): [Central East Cancer Screening - YouTube](#)

- Instagram: [@cancerscreening_centraleast](#)
- Facebook: [Cancer Screening - Central East | Oshawa ON | Facebook](#)

Thanks,

Kaitlin

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Cancer Screening & Prevention

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Prevention and Screening



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