

Loudon, Kaitlin

From: Central East CSP
Sent: January 9, 2023 8:19 AM
To: Loudon, Kaitlin
Subject: Regional Cancer Program Updates - January 2023 Communique
Attachments: Abbey Retreat Centre - a glimpse.pdf; Durham Center for Osteoporosis Excellence_.pdf; 2.png; Scarb Pap Clinic Referral.pdf; Cancer Screen Presentation Library.pdf; Gynecologic Oncology Diagnostic Assessment Program.pdf; CSW_Draft.pdf; Cervical Screening Webinar.pdf



Prevention and Cancer Screening Program Updates for Primary Care Providers

January 2023

Dear Colleagues,

- As we continue to strengthen partnerships and build regional capacity, we ask that you **share these Central East Regional Cancer Program updates broadly**. For anyone that is currently not on the distribution list and would like to receive these monthly communiques, please contact centraleast.csp@lh.ca
- **January is Cervical Cancer Screening Awareness Month**. In Ontario, virtually all of the 1300 annual cervical cancer cases could be prevented through Human Papillomavirus (HPV) vaccination and cervical cancer screening with appropriate and timely follow-up. The Central East Regional Cancer Program is working to develop a patient story video documenting the unfortunate story of a patient with stage 4 cervical cancer. This video will be included in next month's communique.

Print/Promotional Materials/Community Engagement:

- A new print/promotional materials order page has been developed. If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: [Promotional Posters \(office.com\)](#)
- In recognition of Cervical Cancer Screening Awareness Month, two screensavers have been developed. Please feel free to share and to utilize this resource throughout your organization.
- The Central East Regional Cancer Program's Screening and Prevention Team is working with local partners to provide community education. If you are interested in arranging a presentation for community members, please email centraleast.csp@lh.ca. An example of an upcoming community engagement event with the Kawartha Lakes Public Library is attached.

Cervical Cancer Screening Awareness Month:

- **Scarborough Pap Clinic:** A collaboration between Scarborough Health Network and the University of Toronto's Family & Community Medicine department is successfully running regular Scarborough Pap Clinics. Physician and Self-Referrals are accepted. The clinical care is provided by female-only health care providers. For more information, please see the below document and the attached referral form. If you would like any hardcopy promotional flyers, please complete the following order form [Promotional Posters \(office.com\)](#) or email centraleast.csp@lh.ca

Scarborough Pap Clinic
 Don't put your Pap test off any longer,
 find cancer before it starts.



Starting at age 25, all women and transgender/non-binary individuals with a cervix who are or have ever engaged in sexual touching, should have a Pap test every three years.

Physician and Self-Referral Accepted
 Female-only Health Care Providers

Scarborough Pap Clinic
 3000 Lawrence Ave. East.,
 Scarborough
 Tel: 416-431-8224

Family & Community Medicine
 UNIVERSITY OF TORONTO

SHN

Central East
 Regional Cancer Program
Greater Health-Cancer Care Division

- The Scarborough Ontario Health Team will be hosting an upcoming **HPV and Pap Test Competency Workshop** on April 28, 2023. If interested in attending, please complete the following registration form for consideration: <https://forms.office.com/r/nk3YYTnaWh>
- Congratulations to the Peterborough Ontario Health Team for successfully hosting a **HPV and Pap Test Competency Training** workshop on December 9, 2022 and supporting the education and training of 19 individuals.
- The **Gynecologic Oncology Diagnostic Assessment Programs (DAP)** are now accepting referrals from the Ocean e-referral platform. Please see the attached 2-page document that provides additional details.

Webinars/Event Recordings:

- **Webinar Survey:** The Central East Regional Cancer Program Screening and Prevention Team is constantly looking to offer meaningful and sought after education via webinar. In doing so, we would like to receive your input to help identify current barriers and to allow us to be able to make improvements moving forward. Please take a brief moment to share your feedback and insight by completing the following survey: [Webinar Survey \(office.com\)](#)
- A new **YouTube** page has been developed to house videos, such as patient stories, and previously recorded webinars. To view these, please visit: <https://www.youtube.com/@centraleastscreening>
- The Central East Regional Cancer Program will host the below webinar. To register for any of the below, please email: centraleast.csp@lh.ca. The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Register for this important webinar to learn more about how YOU can contribute to Women's Health!

- **Cervical Screening Webinar**
 - Presented by Dr. Nathan Roth, Cervical Cancer Screening Lead
 - January 18, 2023; 12:00pm-1:00pm
 - Learning Objectives:
 - Who can do cervical screening?- Using medical directives to support capacity in Primary Care
 - What to do during a pap test? – Tips and tricks for a comfortable exam for your patients
 - Why do cervical screening?
 - How to interpret cervical screening pathology reports?

Cervical Screening Webinar
Presented By: Dr. Nathan Roth
January 18th 2023 @ 12PM

Learning Objectives:

- Who can do cervical screening?
 - Using medical directives to support capacity in Primary Care
- What to do during a pap test?
 - Tips and tricks for a comfortable exam for your patients
- Why do cervical screening?
 - Compelling patient story
- How to interpret cervical screening pathology reports?

Join us for this interactive discussion to learn more about cervical screening and opportunities to improve access for patients to potentially life-saving cancer screening services.
Cervical Cancer is almost entirely preventable.
Join us in the fight to eliminate cervical cancer.

The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)

Top Performing Cancer Screening Physicians:

- In recognition of Cervical Cancer Awareness Month, the Regional Cancer Screening and Prevention Team would like to express our congratulations to the following physicians for achieving the highest cervical screening rates (85%+) in the Central East region during Q2.
 - Dr. Lisa Hicks – Greater Peterborough FHO
 - Dr. Nancy Kazarian – Medical Associates of Port Perry FHO
 - Dr. Mabel Mak – The Medical Centre Peterborough FHO
 - Dr. Michelle Albert – Oshawa Clinic FHO
 - Dr. Andree Hollander – Clarington FHO
 - Dr. Taran Boparai – Oshawa Clinic FHO

Reports:

- **Ontario Cancer Statistics 2022:** Ontario Cancer Statistics 2022 is the fourth in a series of reports that provide comprehensive information on the burden of cancer in Ontario. Produced by the Surveillance Program at Ontario Health (Cancer Care Ontario), the report is organized around 4 main types of indicators: incidence, mortality, survival and prevalence. To review the report and key findings, please visit: [Ontario Cancer Statistics 2022 | Cancer Care Ontario](#)

- Prevention is a key strategy for tackling cancer. The **ComPARE study** provides results to advocate, influence and inform. For Summary of cancer type and risk factor pairs: [CMPR_matrix-jpeg.jpg \(3376x2626\) \(cancer.ca\)](#)

Patient Resources:

- Abbey Retreat Centre** – located in the Haliburton Highlands, is a cancer support centre that cares for the body, mind, and spirit of a person while they are living with cancer. The Abbey Retreat Centre serves people who are newly diagnosed, in the midst of treatment, navigating life post-cancer and living with advanced stages of cancer. For more information, please see the attached document and/or the following website: <https://abbeyretreatcentre.ca/>

Central East Cancer Screening Indicator Rates/Performance Measures:

- Each month, the Central East Regional Cancer Program will provide statistical updates relevant to each of the screening program targets. If you require more information or would like support from the Prevention and Screening Team to achieve better performance rates within your practice, please email centraleast.csp@lh.ca.

*Q2 Regional Statistics:

Regional Statistics			
Enrolled / Eligible Patient Population:	Regional Cancer Program (RCP)		Ontario
	Breast Screening	203,704	1,858,103
Cervical Screening	370,334	3,498,867	
Colorectal Screening	404,911	3,694,958	
	Ontario Rate:	RCP Rate:	Percentage Point Change in the Previous 12 Months (RCP)
PEM Physicians (Breast Screening Rate):	62%	61%	11.70
PEM Physicians (Cervical Screening Rate):	56%	53%	3.12
PEM Physicians (Up-to-Date with Colorectal Tests):	67%	66%	4.43

*Latest data available as of December 2022.

Screening Program	Indicator	Target	Previous Quarter Performance	Current Performance	Overall Performance Scorecard
ColonCancerCheck	Participation Rate	>60%	58.9%	59.9%	
	Abnormal Test with no	<18%	9.6%	11.8%	

	follow-up within 6 months																																
	Wait Time between abnormal FIT and referral for colonoscopy	N/A	20 days	24 days																													
Ontario Breast Cancer Screening	Participation Rate	70%	54.1%	55.5%																													
Ontario Cervical Cancer Screening	Participation Rate	85%	52%	51.4%																													
	High grade test no follow-up within 6 months	<10%	23%	25.5%																													
Ontario Lung Cancer Screening	Participation Rate	<table border="1"> <caption>Lung Cancer Screening Participation Rate by Quarter</caption> <thead> <tr> <th>Quarter</th> <th>Physician Referral</th> <th>Self Presented</th> <th>Nurse Practitioner Referral</th> </tr> </thead> <tbody> <tr> <td>Q2 2020/21</td> <td>~60</td> <td>~10</td> <td>~10</td> </tr> <tr> <td>Q3 2020/21</td> <td>~110</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q4 2020/21</td> <td>~150</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q1 2021/22</td> <td>~110</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q2 2021/22</td> <td>~160</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q3 2021/22</td> <td>~40</td> <td>~10</td> <td>~10</td> </tr> </tbody> </table>				Quarter	Physician Referral	Self Presented	Nurse Practitioner Referral	Q2 2020/21	~60	~10	~10	Q3 2020/21	~110	~20	~10	Q4 2020/21	~150	~20	~10	Q1 2021/22	~110	~20	~10	Q2 2021/22	~160	~20	~10	Q3 2021/22	~40	~10	~10
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Quality Improvement Updates:

- **CPSO Quality Improvement Program:**
 - The College of Physicians and Surgeons of Ontario (CPSO) initiated a **Quality Improvement Program** for physicians. The Central East Regional Cancer Program Screening and Prevention Team is happy to support the development of a Quality Improvement Plan with a primary focus of increasing cancer screening rates to achieve your 5-year requirement. For more information, please visit: <https://www.cpso.on.ca/en/Physicians/Your-Practice/Quality-Improvement-Program>
 - If you were selected to participate in the Quality Improvement Program and would like to focus on cancer screening rates, please reach out to centraleast.csp@lh.ca for additional support in completing this project.
 - If you were not selected to participate at this time and would like support from the Regional Cancer Screening and Prevention Team, please contact CPSO (quality@cpso.on.ca) and they will facilitate your enrollment into the program.
 - For those practicing within a Primary Care Enrolment Model (PEM), there is a Group subset which allows physicians to work together to develop and submit a single Practice Improvement Plan (PIP). The

Central East Regional Cancer Program Screening and Prevention Team would happily support a Group PIP, as well. If interested, please email centraleast.csp@lh.ca

Additional Updates:

- Osteoporosis is a largely neglected public health crisis that causes significant morbidity and mortality to our aging population and has a tremendous cost burden on our health care system. Age is important when it comes to the risk of osteoporosis. As women approach menopause, bone loss occurs at an increased rate.
 - Screen for cancer & screen for osteoporosis; a double ounce of prevention. When putting in a requisition for mammography, consider adding bone density imaging. For more information on osteoporosis best practices, please see the attached document (Durham Center for Osteoporosis Excellence) and the following Osteoporosis Canada website: <https://osteoporosis.ca/>
- If you are receiving these communiques in error or no longer interested in receiving, please email centraleast.csp@lh.ca to have your name and contact information removed from the distribution list.

Kaitlin Loudon (she/her), MHS

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Cancer Screening & Prevention

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One System. Best Health.

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