

Loudon, Kaitlin

From: Central East CSP
Sent: February 7, 2023 4:27 PM
To: Loudon, Kaitlin; Bourke, Shannon; Slevin, Cathy; Abraham, Jabez; 'Avnish Mehta'
Subject: Regional Cancer Program Updates - February 2023 Communique



Prevention and Cancer Screening Program Updates for Primary Care Providers February 2023

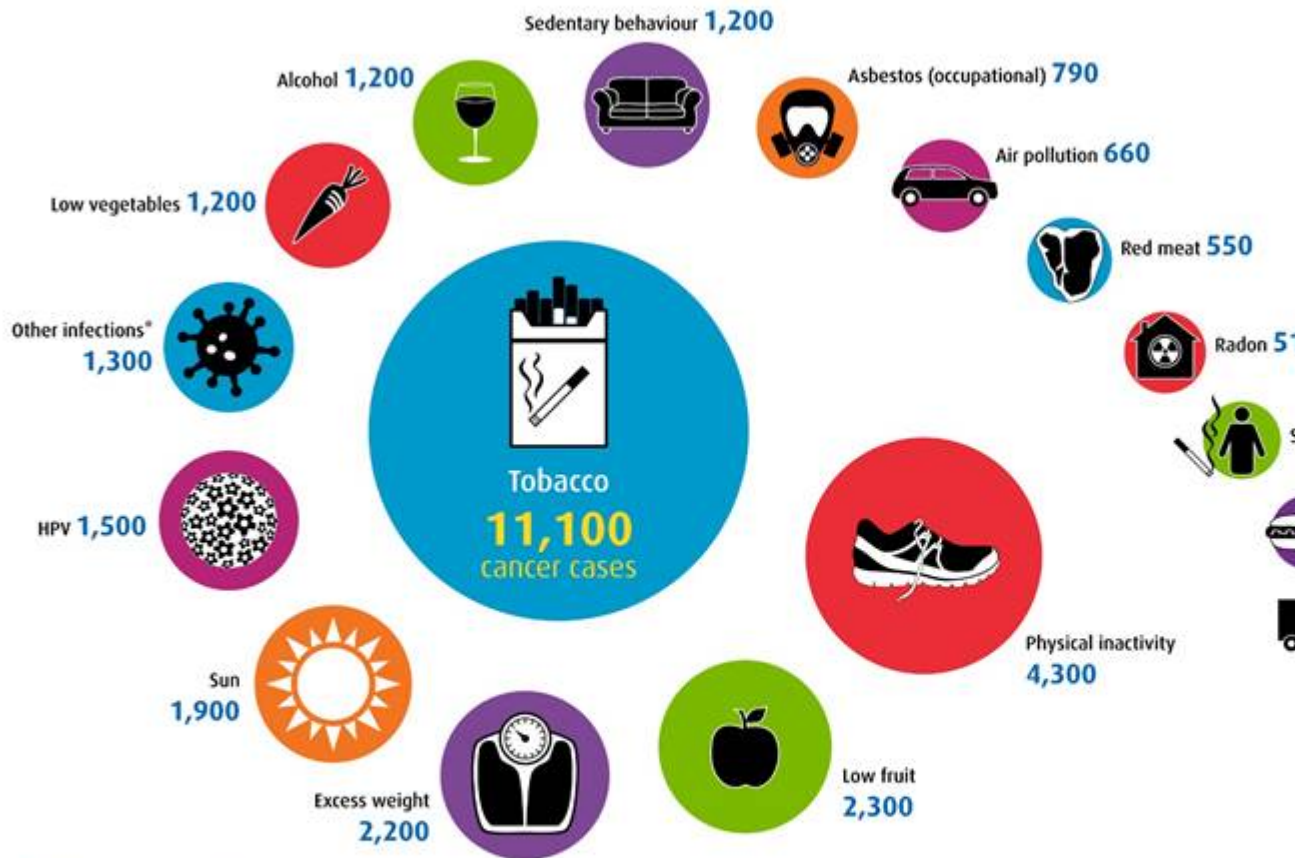


Cancer Screening News You Can Use:

- **Does your practice need a Prevention Practitioner? The Central East Regional Cancer Program wants to help build capacity for preventative care across the Central East Region by sponsoring training for your practice!**
The BETTER Program is a training process developed for individuals within health practice settings to become experts in chronic disease prevention and screening. The program uses an evidence-based, proactive approach to screening and primary prevention, proven to improve clinical outcomes and aimed at reducing the burden of chronic disease. The BETTER approach focuses on prevention and screening of cancer, diabetes, heart disease and associated lifestyle factors (diet, exercise, smoking, and alcohol). For more information on the BETTER program and how it could benefit your practice and your patients, [click here](#).
 - **To take advantage of this limited time opportunity to access training (a \$500 value), please complete this [registration form](#) and tell us how you would incorporate the Prevention Practitioner role in your Practice. Registration closes February 28th, 2023, and training will take place from March-May 2023. Training sessions are 2 full days or three afternoons consecutively and is offered virtually.**
- **February 4 is World Cancer Day.** World Cancer Day aims to prevent millions of deaths each year by raising awareness and encouraging prevention, detection, and treatment. In Ontario, nearly 1 in 2 people will develop cancer in their lifetime. Durham Region Public Health Department has put together a great resource page on cancer prevalence and prevention: [Durham Public Health- Cancer Data Tracker](#) To promote cancer prevention with your patients, consider these risk factors:

Number of cancer cases that could be prevented in Ontario

About 4 in 10 cancer cases can be prevented through healthy living and policies that protect the health of Ontario



Not all risk factors have the same impact on cancer risk.

This image shows the number of cancer cases diagnosed in 2015 in Ontario that are due to key modifiable risk factors.**

*Other infections category includes Epstein-Barr virus (EBV), hepatitis B virus (HBV), hepatitis C virus (HCV), *Helicobacter pylori* bacteria (*H. pylori*), human herpesvirus type 8 (HHV-8) and human T-cell lymphotropic virus type 1 (HTLV-1).
**Region-specific data were not available for all risk factors included in ComPARE study. See website for details on data and risk factor definitions.



© ComPARE 2019



Patient Story: Jane is a stage 4 cervical cancer patient. Watch as she shares her compelling story which demonstrates the importance of cervical screening. Please share her story with your patients and through your networks. <https://youtu.be/bdxCGMnW4FU>

• **ColonCancerCheck (CCC) Attachments:** The Ontario Health (Cancer Care Ontario) maintains a list of primary care providers (PCPs) who have signed up to take on unattached patients requiring follow-up after an abnormal fecal immunochemical test (FIT) result, or unattached patients who are at an increased risk of colorectal cancer requiring a screening colonoscopy. Both primary care physicians and nurse practitioners can support the attachment process. PCPs who are interested in attaching new patients to their primary care practice are asked to sign and return the [attached form](#) to Ontario Health (Cancer Care Ontario). PEM physicians who accept a new patient referred from Cancer Care Ontario to their practice, can claim the Q043A New Patient Fee Abnormal/Increased Risk Colorectal Cancer (CRC). The fee that can be claimed is \$150 to \$230 depending on the age of the patient. For more information about OHIP billing codes, please refer to the Ministry of Health.


Upcoming Events:

Double click on the image below to register or email centraleast.csp@lh.ca:

Colorectal Cancer Screening Webinar

Presented By: Dr. Hugh Kendall
Colorectal Cancer Screening Lead

March 8, 2023
12:00pm-1:00pm
To register: centraleast.csp@lh.ca



Learning Objectives:

- Understand the rationale of FIT testing
- Reinforce the equivalency of FIT testing and colonoscopy in average risk population
- Review the 2023 definitions of average risk populations versus "family history"
- Review the contraindications to FIT testing
- Review the intervals to resume FIT testing after normal colonoscopy
- Review "tips and tricks" to impart to patients to minimize rejected samples
- Review points for patient discussion regarding pros and cons of colonoscopy versus FIT testing

Join us for this Interactive discussion about colorectal screening.

The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

Central East Regional Cancer Program
Ontario Health (Cancer Care Ontario)



The Scarborough Ontario Health Team will be hosting an upcoming **HPV and Pap Test Competency Workshop** on April 28, 2023. The Workshop is intended to build capacity for cervical cancer screening by offering training to clinicians for whom pap and HPV testing is in scope (RNs, RPNs, midwives, NPs, MDs). If interested in attending, please complete the following registration form for consideration: <https://forms.office.com/r/nk3YYTnaWh>



To learn more about cancer diagnosis, prognosis, and treatment options, visit learnoncology.ca.

Dr. Rola Shaheen discuss Healthcare Excellence webinar for anyone [Trauma-Informed \(healthcareexcellence.ca\)](http://healthcareexcellence.ca)



[Breast Health and Wellness | Dr. Rola Shaheen | Tania Kolar](#)
Listen to Breast Cancer Screening and Breast Imaging Lead, breast health on this engaging podcast.



Canada is hosting the following interested: [Understanding Practice and Engagement](#)



The Art of Escalation Leadership, AI, and Wellness Workshop for Healthcare Providers.
March 2nd 8am- 11:30 am.

- Session 1: Enabling Effective Communication
- Session 2: Leveraging AI & Wellness
- Session 3: Empowering Women for Peak Performance

The event is **virtual and is being provided free of charge**. [Click here](#) to register.

and De-escalation of Therapy-



Visit our new [YouTube page](#) to view past webinars, patient story videos, and other resources. “Like” and “Subscribe” to stay updated on new content.

- Recently added:
 - **Cervical Cancer Screening Webinar**
Presented by Dr. Nathan Roth, Cervical Cancer Screening Lead
 - **Managing Hematological Conditions**
Presented by Dr. Anthony Naassan, Hematology Section Chief, Durham Regional Cancer Centre

Promotional Materials:

- A new print/promotional materials order page has been developed. If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/0GGFL7FNp3> (*updated link*)





- A ***new*** patient handout has been developed which highlights all 4 cancer screening programs and provides cancer prevention tips. Review this new [Cancer Screening Trifold](#) brochure and use the above form to order **free** colour copies for your office.
- The Central East Regional Cancer Program’s Screening and Prevention Team is working with local partners to provide community education. If you are interested in arranging a presentation for community members, please email centraleast.csp@lh.ca.

Central East Cancer Screening Performance Measures:

*Latest data available as of January 2023.

| Screening Program | Indicator | Target | Current Performance | Overall Performance Scorecard | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|---|--|-----------------------------|-------------------------------|---------|--------------------|----------------|-----------------------------|------------|-----|-----|----|------------|------|-----|-----|------------|------|-----|-----|------------|------|-----|-----|------------|------|-----|-----|------------|-----|----|----|------------|-----|-----|----|--|
| ColonCancerCheck | Participation Rate | >60% | 59.9% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Abnormal Test with no follow-up within 6 months | <18% | 11.3% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | Wait Time between abnormal FIT and referral for colonoscopy | N/A | 24 days | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ontario Breast Cancer Screening | Participation Rate | 70% | 55.5% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ontario Cervical Cancer Screening | Participation Rate | 85% | 52.0% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | High grade test no follow-up within 6 months | <10% | 25.5% | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| Ontario Lung Cancer Screening | Participation Rate | <table border="1" style="display: none;"> <caption>Lung Cancer Screening Volume by Referral Type</caption> <thead> <tr> <th>Quarter</th> <th>Physician Referral</th> <th>Self Presented</th> <th>Nurse Practitioner Referral</th> </tr> </thead> <tbody> <tr> <td>Q2 2020/21</td> <td>~60</td> <td>~10</td> <td>~5</td> </tr> <tr> <td>Q3 2020/21</td> <td>~110</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q4 2020/21</td> <td>~150</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q1 2021/22</td> <td>~110</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q2 2021/22</td> <td>~160</td> <td>~20</td> <td>~10</td> </tr> <tr> <td>Q3 2021/22</td> <td>~40</td> <td>~5</td> <td>~5</td> </tr> <tr> <td>Q4 2021/22</td> <td>~60</td> <td>~10</td> <td>~5</td> </tr> </tbody> </table> | | | Quarter | Physician Referral | Self Presented | Nurse Practitioner Referral | Q2 2020/21 | ~60 | ~10 | ~5 | Q3 2020/21 | ~110 | ~20 | ~10 | Q4 2020/21 | ~150 | ~20 | ~10 | Q1 2021/22 | ~110 | ~20 | ~10 | Q2 2021/22 | ~160 | ~20 | ~10 | Q3 2021/22 | ~40 | ~5 | ~5 | Q4 2021/22 | ~60 | ~10 | ~5 | |
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- As a reminder, the **Screening Activity Report (SAR)** is available for review to identify patients that are overdue for cancer screening. For additional information and to register, please visit: [Screening Activity Report \(SAR\) – Cancer Care Ontario](#).
- OH-CCO offers **Physician-Linked Correspondence** where cancer screening reminder letters are sent to patients through OH-CCO with the appearance of being “from” the Primary Care Physician. Primary care providers play an crucial role in cancer screening. [Evidence](#) demonstrates a positive relationship between physician recommendation for screening and patient participation in cancer screening. Physicians are required to provide their [consent](#) to enrol in physician-linked correspondence. For more information and to enrol, please visit: [Physician-Linked Correspondence – Cancer Care Ontario](#).

Additional Details:

- If you are receiving these communiques in error or no longer interested in receiving, please email centraleast.csp@lh.ca to have your name and contact information removed from the distribution list.

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