


## Loudon, Kaitlin

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**From:** Central East CSP  
**Sent:** April 12, 2023 2:55 PM  
**To:** Loudon, Kaitlin  
**Cc:** Bourke, Shannon; Slevin, Cathy  
**Subject:** Regional Cancer Program Updates - April 2023 Communique

 <p><b>Central East Regional Cancer Program</b> Ontario Health (Cancer Care Ontario)</p>	<h3>Prevention and Cancer Screening Program Updates for Primary Care Providers</h3>
<b>April 2023</b>	

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## Health System Innovation:

- In March 2023, the Negotiations Branch, Physician and Provider Services Division, Ministry of Health released the **Information and Procedures for Claiming the Cumulative Preventative Care Bonus** document. This document contains important information for Patient Enrolment Model (PEM) physicians regarding the Cumulative Preventive Care Bonuses for maintaining specified levels of preventive care to their enrolled patients. There are five preventive care categories for which an individual physician may earn an annual bonus. To learn more, please visit:  
[https://www.health.gov.on.ca/en/pro/programs/ohip/bulletins/11000/bul11235\\_Info.pdf](https://www.health.gov.on.ca/en/pro/programs/ohip/bulletins/11000/bul11235_Info.pdf)

### 6.2.2 Pap Smear

Achieved Compliance Rate	Fee Payable	Service Enhancement Code
60%	\$220	Q105A
65%	\$440	Q106A
70%	\$660	Q107A
75%	\$1,320	Q108A
80%	\$2,200	Q109A

- The Scarborough Health Network (SHN) Birchmount site became a designated **Ontario Breast Screening Program (OBSP) Breast Assessment Site**. Patients with abnormal screening mammograms can now be sent to all three SHN locations (General, Centenary and Birchmount) for further investigation
- As of April 14, 2023, the **High Risk Ontario Breast Screening Program (OBSP) Genetic Assessment Referral Criteria and Forms** will be updated to reflect the expanded eligibility criteria. The new criteria will allow entry into the High Risk OBSP for a greater number of patients.
  - [High Risk OBSP Breast Cancer Genetic Assessment Results Form](#)
  - [High Risk OBSP Requisition Form](#)

- Following the referral criteria update, the following groups of people will now be eligible:
  - People with a personal history of breast cancer:
    - ≤45 years of age
    - ≤50 years of age with limited family structure
    - Triple negative breast cancer ≤60 years of age
  - People with a personal or family history of invasive ovarian cancer
  - People with a personal or family history of pancreatic cancer
  - People with a family history of prostate cancer
- While pap cytology turnaround times are significantly delayed, **HPV testing turn-around times** are still within 2 weeks through LifeLabs. An HPV test can be ordered as part of cervical cancer screening, which detects the presence of 14 high risk HPV types, and specifically identifies HPV16 and HPV18. HPV testing is available for any patient who wishes to pay the \$95 fee to LifeLabs, and is accessed by completing the following Cytology and HPV Testing Requisition: [LifeLabs HPV Requisition](#)
- E-Referral Cancer Screening Pathways now live on the [Ocean Healthmap](#):
  - Lakeridge Health:
    - Diagnostic Imaging at the Ajax Pickering, Bowmanville, and Oshawa Hospitals.
    - The Gynecologic Oncology Diagnostic Assessment Program.
    - The Thoracic Diagnostic Assessment Program.
    - The Colposcopy Clinic at the Ajax Pickering and Oshawa Hospitals.
      - [Lakeridge Health Colposcopy Ajax](#)
      - [Lakeridge Health Colposcopy Oshawa](#)
  - Scarborough Health Network:
    - Colon Cancer Check (CCC) FIT+ pathway
- Some OBSP sites are experiencing significant wait times and high volumes for a number of reasons out of their control, including health human resourcing issues, backlog related to COVID-19, etc. To ensure that patients have timely access to screening, the Prevention and Screening Team has worked collaboratively with OBSP sites to develop a wait times resource that will allow patients and providers to select a breast screening location that suits their needs. The resource can be found [here](#). In the future, the resource will be updated to include will include average wait times, hours, location, as well as an Ocean link (where available) and additional information. We will be posting this resource to the Central East Regional Cancer Program's Screening & Prevention website, which is currently under construction.

## **Print/Promotional Materials/Community Engagement:**

**\*Provided Free of Charge**

- If you are interested in receiving any free cancer screening and prevention promotional materials (i.e., posters, brochures, etc), please complete: <https://forms.office.com/r/OGGFL7FNp3>
- A recently developed tri-fold brochure to reflect the four different screening programs in a condensed patient-facing document has been created. To order this brochure, please use the following link: <https://forms.office.com/r/OGGFL7FNp3>

Breast Cancer Screening	Cervical Cancer Screening	Colorectal Cancer Screening	Lung Cancer Screening	Preventing Cancer
<b>Average Risk (No Family History):</b> Age 50-74 Mammogram Every 2 years	<b>Average Risk:</b> Age 25-70 Pap Test Every 3 years	<b>Average Risk (No Family History):</b> Age 50-74 FIT kit Every 2 years	<b>High Risk (Smoked for 20+ years):</b> Age 55-74 Low-Dose CT Talk to your provider	<b>Preventing Cancer</b> Don't smoke. Smoking is the #1 cause of preventable cancers in Ontario. Limit alcohol to 2-3 drinks a week. Alcohol causes cancer. Just like smoking, alcohol is a level 1 carcinogen. Don't sit still for too long. Lack of physical activity greatly increases cancer risk. Get up and move every hour. Being overweight is a risk factor for many health issues, including cancer. Avoid over-processed foods. Maintain a healthy diet. Eat at least 5 servings of fruits and vegetables a day to reduce your risk of cancer. Get vaccinated against Hepatitis B and HPV to help prevent several types of cancers including liver, cervical, and throat cancers.
If you are between 50 to 74 years of age with no family history of breast cancer, you should have a mammogram every 2 years. Call 1-800-668-8304 to book your appointment. <b>You do not need a referral.</b>	If you are over 25 years of age and have ever been sexually active, you should have a pap test every 3 years. If you do not have a Primary Care Provider, call 811 or scan the QR code below to find a local clinic that offers pap tests.	If you are between 50 to 74 years of age, you should use a FIT kit to test for colorectal cancer at home every 2 years. If you do not have a Primary Care Provider, call 811 and ask for a FIT kit to be mailed to you.	You may be eligible for lung cancer screening if you: • Are between 55 to 74 years of age. • Have smoked cigarettes for 20 or more years over your lifetime. Call the Lakeshore Health Oshawa Ontario Lung Screening Program at 905-576-8711 extension 34449, to make an appointment. <b>You do not need a referral to get started.</b>	<b>Cancer Screening:</b> • Can find cancer when it is small and easiest to treat. • Is important even if you have no family history of cancer and no symptoms. • Can be done even if you do not have a Primary Care Provider (call 811 for more information).
<b>High Risk (personal or family history of breast cancer or breast genetic changes):</b> Age 30-69 Milk and ultra sound Every Year	<b>Cervical cancer is almost always preventable.</b> Talk to your Primary Care Provider about the HPV vaccine which can protect you against certain types of cervical and throat cancers.	<b>High Risk (Immediate family history):</b> Age 40-75 Colonoscopy Talk to your provider		
If you are between 30 to 69 years of age with a family history of breast cancer, talk to your Primary Care Provider about high risk screening.	Scan the QR code to find a pap clinic close to you.	Talk to your Primary Care Provider if you have an immediate family member (parent, sibling, or child) with a history of colorectal cancer.		

- **Colon Cancer Screening is as easy as 1,2,3!!!** is a 1:52 minute video that demonstrates how fast, easy, and simple colorectal cancer screening is using the FIT kit. This animated video can be found here: <https://www.youtube.com/watch?v=GrebiSOPmTk> Please feel free to display in your waiting rooms/share with your patients. **Helpful Tip:** Consider sending your patient the video or YouTube link through your EMR on or near their 50<sup>th</sup> birthday!



## Webinars/Workshops/Event Recordings:

- The Central East Regional Cancer Program will host the following webinar. To register, either click on the image below or email: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca). The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

# OPTIMIZING THE FEATURES OF YOUR EMR FOR CANCER SCREENING

PRESENTED BY:  
ONTARIOMD PRACTICE ENHANCEMENT CONSULTANTS



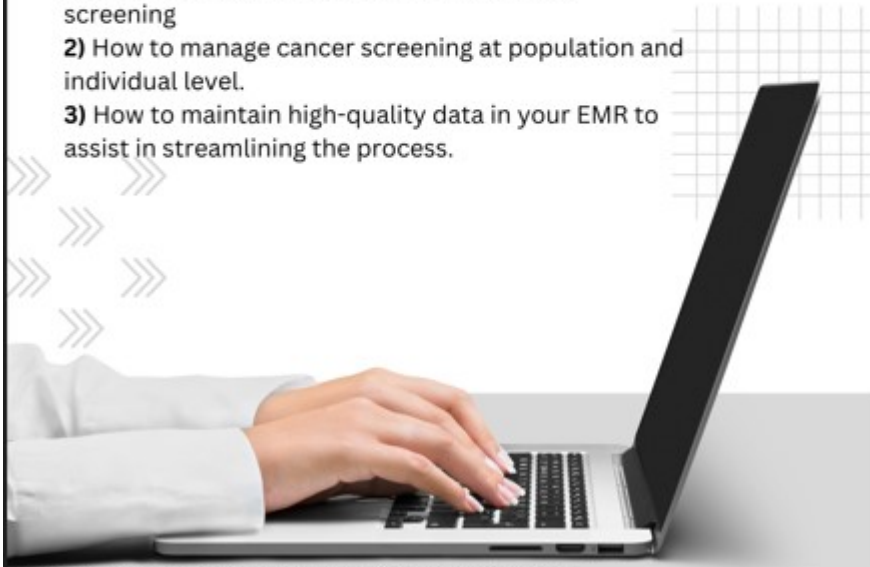
April 19, 2023

12:00pm-1:00pm

To register: [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

## Learning Objectives:

- 1) How to identify eligible patients for cancer screening
- 2) How to manage cancer screening at population and individual level.
- 3) How to maintain high-quality data in your EMR to assist in streamlining the process.



The Prevention and Cancer Screening Multidisciplinary Rounds is a self-approved group learning activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada.

**Central East  
Regional Cancer Program**  
Ontario Health (Cancer Care Ontario)

\*After this session, the Regional Cancer Program will be releasing screening templates that can be uploaded to your EMR and sent to patients that are overdue for cancer screening (colorectal, breast, and cervical).

### • HPV and Pap Test Competency Workshops:

- Workshops are facilitated by Dr. Nathan Roth, Central East Regional Cervical Screening and Colposcopy Lead
- Workshops are intended for physicians, nurse practitioners, nurses (both RN and RPN), midwives, physician assistants

Date	Additional Information
April 28, 2023	Hosted by the Scarborough Ontario Health Team  If interested in attending, please complete the following registration form

for consideration:  
<https://forms.office.com/r/nk3YYTnaWh>

June 2, 2023

Location: Lakeridge Health Oshawa

Cost: \$100pp

If interested in attending, please email  
[centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

September  
15, 2023

Location: TBD (within Central East)

Cost: \$100pp

If interested in attending, please email  
[centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)

- On March 8, 2023, Dr. Hugh Kendall, Central East Regional Colorectal Screening and Gastrointestinal (GI) Endoscopy Lead provided a webinar on Colorectal Cancer Screening. To view this recording, visit: <https://www.youtube.com/watch?v=hKB6MifcwQg&t=32s>
- On Wednesday, April 12, 2023, from 5:00pm-6:00pm, The Disease Pathway Management (DPM) Program at Ontario Health (Cancer Care Ontario) will be hosting a webinar, **Critical Changes in Therapy for Diffuse Astrocytic and Oligodendroglial Tumours in Adults**.  
To register for the April 12th webinar: [CLICK HERE TO REGISTER](#)
- On March 2, 2023, Dr. Rola Shaheen, Regional Breast and Cancer Imaging Lead , provided a presentation at the 6<sup>th</sup> International Multidisciplinary Breast Cancer Conference on Breast Cancer Screening for Mutation Carriers. To view this presentation, please see the following: <https://acrobat.adobe.com/id/urn:aaid:sc:VA6C2:75cada87-379c-4cdc-b2a0-6d27c388eeeb>

## Data/Reports:

- Report Release: Burden of Health Conditions Attributable to Smoking and Alcohol by Public Health Unit in Ontario. Ontario Health and Public Health Ontario are pleased to share the [report](#) *Burden of Health Conditions Attributable to Smoking and Alcohol by Public Health Unit in Ontario*. This new report provides estimates of the number of deaths, hospitalizations and emergency department visits caused by smoking and alcohol consumption.
  - Key findings in the report:
    - Each year in Ontario, smoking causes approximately 16,673 deaths, 68,046 hospitalizations and 125,384 emergency department visits. These make up 17% of deaths, 8.7% of hospitalizations and 3.4% of emergency department visits from all causes in people aged 35 and older.
    - Alcohol consumption causes approximately 4,330 deaths, 22,009 hospitalizations and 194,692 emergency department visits. These make up 4.3% of deaths, 2.1% of hospitalizations and 3.7% of emergency department visits from all causes in people aged 15 and older.

## Additional:

- To subscribe or unsubscribe from this mailing list, please email [centraleast.csp@lh.ca](mailto:centraleast.csp@lh.ca)
- YouTube page (includes patient stories and health care provider webinars): [Central East Cancer Screening - YouTube](#)
- Instagram: [@cancerscreening\\_centraleast](#)
- Facebook: [Cancer Screening - Central East | Oshawa ON | Facebook](#)

Thanks,

Kaitlin

**Kaitlin Loudon (she/her), MHS**

Primary Care Engagement Lead, Central East Regional Cancer Program

Cancer Screening & Prevention

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Prevention and Screening  facebook.com  instagram.com

**Central East  
Regional Cancer Program**  
Ontario Health (Cancer Care Ontario)

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Lakeridge  
Health



One System. Best Health.

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